

This resource guide has been developed by



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Suggestions or updates can be directed to Arrowleaf by calling 618-658-3079 or emailing info@myarrowleaf.org

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Services Administration

Crisis hotlines and helplines addressing a range of services including, but not limited to, substance use recovery, mental health crisis, domestic violence, local resources, gender and sexuality, and physical and emotional support.

Addiction & Recovery

Al-Anon/Al-A-Teen

Call: 1-800-344-2666 845-339-5116

www.al-anon.org www.al-anon.alateen.org

Offers hope and help to family and friends of individuals struggling with alcohol misuse. Provides information about local meetings and provides referrals.

Nar-Anon/Nar-A-Teen

Call: 1-800-477-6291 www.nar-anon.org

Offers hope and help to family and friends of individuals struggling with substance misuse. Provides information about local meetings and provides referrals

Illinois Helpline for Opioids and Other Substances

Call: 1-833-234-6343 Press 1 for Opioid Line Text HELP to 833234 www.HelpLinelL.org

If you or a loved one is struggling with substance use, talk with a Helpline Specialist about the treatment services best for you. It is free and confidential, and you don't need to have insurance to access treatment.

Illinois Tobacco Quitline

Call: 1-866-784-8937 www.quityes.org

A free resource for individuals wanting to quit tobacco or related products. Counselors have at least 25 years of medical experience and attend accredited, training programs to be certified in tobacco-cessation therapies. They are qualified to offer guidance in lung health and related comorbidities, in addition to tobacco cessation.

National Council on Problem Gambling

Call: 1-800-522-4700 Text: 1-800-522-4700

The network is a single national access point to local resources for those seeking help for a gambling problem. Help is available 24/7 and is 100% confidential.

The Partnership for Drug-Free Kids Helpline

Call: 1-855-378-4373 www.drugfree.org

If you are having difficulty accessing support for your family, or a loved one struggling with addiction faces care or treatment challenges resulting from COVID-19 circumstances, specialists can guide you. Support is available in English and Spanish.

SAMHSA's National Helpline

Call: 1-800-622-HELP (1-800-662-4357) www.samhsa.gov

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

weknowthefeeling.org

Call: 1-800-GAMBLER (1-800-426-2537) Text: ILGAMB to 53342

This helpline is answered by experts 24/7. They can help determine whether you or someone you know has symptoms of a gambling problem. If treatment is needed, they can refer you to therapists near you.



LGBTQIA+

Trans Lifeline

Call: 877-565-8860 www.translifeline.org

Trans Lifeline's Hotline is a peer support service run by trans people, for trans and questioning callers.

The Trevor Project

Call: 1-866-466-7386 Text: START to 678678 www.thetrevorproject.org

Offers hope and help to family and friends of individuals struggling with substance misuse. Provides information about local meetings and provides referrals

LGBT National Hotlines

General Hotline:

1-888-843-4564 Youth (Under 25): 1-800-246-7743

Seniors (50+): 1-800-246-7243

www.lgbthotline.org

A safe, confidential space where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identifies, relationship concerns, anxiety, suicide, and more.

National Coming Out Support Hotline

Call: 1-888-OUT-LGBT 1-888-688-5428

www.lgbthotline.org

Coming out can mean different things to different people. Everything starts with coming out to yourself, and that can take time and support. The LGBT National Coming out Hotline is there to provide you with that support. For some people, coming out can also include friends and family. But each person gets to make those choices in their own time.

Local Resources

Dial 2-1-1

Call: 211 www.211.org

If you need assistance finding food, paying for housing bills, accessing free childcare, or other essential services, visit 211.org or dial 211 to speak to someone who can help.

Disaster Distress Helpline

Call: 1-80-985-5990

Text: TalkWithUs to 66746

The Disaster Distress Helpline (DDH) provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.

Illinois Call4Calm TextLine

Text TALK to 55200 for English or HABLAR for Spanish

This service is free and available 24 hours a day, seven days a week for those struggling with stress related to the COVID-19 pandemic and need emotional support. Individuals can also text keywords such as "unemployment" or "food" or "shelter" and will receive information on how to navigate and access supports and services. People seeking assistance will remain anonymous and will provide only their first name and zip code, which enables the service to link you to a counselor in your area.



Mental Health

Arrowleaf Crisis Hotline

Call: 1-618-658-2611 www.myarrowleaf.org

Available 24/7 throughout the southern 7 counties for adults and youth experiencing a psychiatric crisis (harm to self, others, and/or property). Includes youth with destabilizing factors, youth runaway, parental lock-out, and youth refusal to return home.

CARES Line

Call: 1-800-345-9049

If you or your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

Crisis Text Line

Text HOME to 741741 www.crisistextline.org

For anyone in the US, anytime and for any crisis. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

Friends for Survival Suicide Loss Helpline

Call: 1-800-646-7322 www.friendsforsurvival.org

Organized by and for survivors of those grieving a suicide death of a family member or friend. All staff and volunteers offering support have been directly impacted by a suicide death.

Illinois Warm Line

Call: 1-888-359-7953

Not a crisis hotline, but for you or one of your family members having mental health and/or substance use challenges and would like to receive support by phone from Wellness Support Specialists. Monday to Friday from 8:00 am to 5:00 pm except holidays.

Military/Veterans Crisis Line

Call: 1-800-273-8255 (Press 1)

Text: 838255

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

Suicide Prevention Line

Dial 9-8-8

suicidepreventionlifeline.org

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.



Physical & Emotional Support

DCFS: Child Abuse or **Neglect Hotline**

Call: 1-800-25-ABUSE 1-800-252-2873

Call the 24-hour Hotline at if you suspect that a child has been harmed or is at risk of being harmed by abuse or neglect. If you believe a child is in immediate danger of harm, call 911 first.

Eating Disorders Helpline

Call: 1-888-375-7767

www.anad.org

Peer-led helpline providing support and referrals for individuals or loved ones of those experiencing an eating disorder.

HIV/AIDS/Hepatitis C Nightline

Call: 1-800-273-2437 Provides support for people with HIV or hepatitis C and

Illinois Elder Abuse Hotline

Call: 1-866-800-1409 TTY: 1-888-206-1327

To report abuse, neglect or exploitation of an older person living community.

Illinois Poison Center

Call: 1-800-222-1222

A non-profit health service that provides those who live and work in Illinois with access to comprehensive and trusted information and treatment advice potentially harmful substances via a free, confidential 24-hour hotline. Staffed by specially trained medical experts.

National Parent Helpline

Call: 1-855-4A-PARENT 1-855-427-2736

nationalparenthelpline.org

Being a parent is a critically important job, 24 hours a day. It's not always easy. Call to receive emotional support from a trained advocate.

National Runaway Safeline

Call: 1-800-RUNAWAY 1-800-786-2929

www.1800runaway.org

If you are thinking of running from home, if you have a friend who has run away and needs help, or if you are a runaway and need someone to talk to or help returning home, call the Safeline, 24/7.

Overeaters Anonymous

Call: 1-505-891-2664

www.og.org

Overeaters Anonymous (OA) is a community of people who support each other in order to recover from compulsive eating and food behaviors.

Sexual Health Counseling & Referral Hotline

Call: 1-800-258-4448 opt. 3 Text: PPNOW to 774363

Anonymous, confidential. and free hotline to connect with healthcare providers and educators to navigate sexual and reproductive health needs. Assists with identifying linkages and referrals to local services and provider.

Women's Health Helpline

Call: 1-888-522-1282

confidential Free and resource available to all Illinois women with health related questions.

Domestic Violence & Sexual Assault

National Domestic Violence Hotline (RAINN)

Call: 1-800-656-HOPE 1-800-656-4673

www.rainn.org

The nation's largest organization fighting sexual violence, Rape, Abuse, and Incest National Network (RAINN) also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice. Available 24/7 for survivors who need support.

National Teen Dating Violence Hotline

Call: 1-866-331-9474 Text LOVEIS to: 22522 loveisrespect.org

Provides confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the US.

The Survivor Empowerment Center

Call: 1-800-334-2094 empoweringsurvivors.org

Local to Southern Illinois. Supporting survivors violence and promoting a community. Confidential, free of charge, and available 24 hours a day, 7 days a week, 365 days a year to women, men, adolescents & children in Franklin, Gallatin, Jackson, Johnson, Perry, Williamson, and Union Counties.

Western Illinois Regional Council (WIRC)

Call: 1-309-837-5555 www.wirpc.org

Victim Services is a special department of Western Illinois Regional Council (WIRC) that provides free and confidential services to survivors of domestic violence, sexual assault, stalking, child abuse, and all other forms of abuse.

Women's Health Helpline

Call: 1-888-522-1282

Free and confidential resource available to all Illinois women with health related questions.



Your safety is most important.

If you are in immediate danger dial
9-1-1 to be connected to local crisis
response services

First Responders & Emergency Services

First Responders and Emergency Services serving the Southern Seven counties.

Alexander County

Alexander County Ambulance

26711 State Hwy. 3 Olive Branch, IL 62969 Phone: 618-776-5958

Alexander County Sheriff

2000 Washington Ave. Cairo, IL 62914 Phone: 618-734-2141

Cairo Fire Department

1513 Washington Ave. Cairo, IL 62914 Phone: 618-734-1947

Cairo Police Department

1501 Washington Ave. Cairo, IL 62914 Phone: 618-734-2131 Fax: 618-734-1947

Tamms Fire Rescue

190 Railroad St. Tamms, IL 62988 Phone: 618-747-2141

Hardin County

Cave-in-Rock Fire Department

100 E. Main St. Cave-in-Rock, IL 62919 Phone: 618-289-3238 Fax: 618-289-3255

Hardin County General Hospital

6 Ferrell Rd. Rosiclare, IL 62982 Phone: 618-285-6634

Hardin County Ambulance

1 Postal Way Rosiclare, IL 62982 Phone: 618-287-2251

Hardin County Police Department

226 Main St. Rosiclare, IL 62982 Phone: 618-285-2000 Fax: 618-285-3447

Rosiclare Fire Department

5th and Pell St. Rosiclare, IL 62982 Phone: 618-285-6800



Johnson County

Cypress Fire Department

7790 Main St. Cypress, IL 62923 Phone: 618-657-2906

Goreville Police Department

105 W. Collins St. Goreville, IL 62939 Phone: 618-995-2157

Johnson County Ambulance

155 Industrial Dr. Vienna, IL 62995 Phone: 618-658-2131 Fax: 618-658-8134

Johnson County Sheriff's Department

113 1/2 N. 5th St. Vienna, IL 62995 Phone: 618-658-8264 Fax: 618-658-5951

Vienna Fire Department

203 N. 4th St. Vienna, IL 62995 Phone: 618-658-2341

Vienna Police Department/City Hall

205 N. 4th St. Vienna, IL 62995 Phone: 618-658-8264 City Hall: 618-658-7004

First Responders & **Emergency Services**



Memorial Ambulance Service

1017 North Ave. Metropolis, IL 62960 Phone: 618-524-2176

Civil Defense Unit:

Phone: 618-524-2002

Brookport Fire Department Non-Emergency

108 W. 3rd St. Brookport, IL 62910 Phone: 618-564-2351

Brookport Police Department Non-Emergency

301 Ferry St. Brookport, IL 62910 Phone: 618-564-3405

Joppa Fire Department Non-Emergency

115 Church St. Joppa, IL 62953 Phone: 618-543-7320

Joppa Police Department Non-Emergency

515 Market St. Metropolis, IL 62960 Phone: 618-524-2912

Massac County Fire Protection District

2734 North Ave. Metropolis, IL 62960 Phone: 618-524-3200

Massac County Sheriff's Department

515 Market St. Metropolis, IL 62960 Phone: 618-524-2912

Metropolis Fire Department Non-Emergency

213 W. 7th St. Metropolis, IL 62960 Phone: 618-524-2121

Metropolis Police Department Non-Emergency

515 Market St. Metropolis, IL 62960 Phone: 618-524-2912



Golconda Fire Department

118 N. Monroe St. P.O. Box 511 Golconda, IL 62938 Phone: 618-683-3473

Pope County Ambulance

407 E. Main St. Golconda, IL 62938 Phone: 618-683-2707

Pope County Sheriff's Department

216 E. Decatur St. P.O. Box 807 Golconda, IL 62938 Phone: 618-683-4321 Fax: 618-683-2201

Rural Pope County Fire Department

Phone: 618-638-4015





First Responders & Emergency Services

Pulaski County

Karnak Fire Department

304 E. Washington Karnak, IL 62956 Phone: 618-634-2223

Mounds City Police

204 Main St. Mounds City, IL 62963 Phone: 618-748-9112

Mounds Fire Department

215 1st St. Mounds, IL 62946 Phone: 618-745-9516

Olmstead Fire

150 N. Front St. Olmstead, IL 62970 Phone: 618-742-6486

Pulaski County Ambulance

75 Camo Clad Dr. Mounds, IL 62964 Phone: 618-342-6209 Fax: 618-342-6254

Pulaski County Sheriff's Department

500 Illinois Ave. Mounds City, IL 62963 Phone: 618-748-9374 Fax: 618-748-9338

Ullin Police Department

Ullin, IL 62992 Phone: 618-845-3109 Fax: 618-845-3792

171 Railroad St.

Union County

Anna Fire Department Non-Emergency 101 E. Market St.

Anna, IL 62906 Phone: 618-833-2231

Anna Police Department Non-Emergency

201 E. Vienna St. Phone: 618-833-8571

State Police Headquarters

1154 Shawnee College Rd. Ullin, IL 62992 Phone: 618-845-3740

Union County Ambulance

301 W. Mississippi St. Jonesboro, IL 62952 Phone: 618-833-2871

Union County Hospital

517 N. Main St. Anna, IL 62906 Phone: 618-833-4511

Union County Sheriff's Office

308 W. Mississippi St. Jonesboro, IL 62952 Phone: 618-833-5500 618-833-2844

Emergency & Disaster Agency

Phone: 618-833-5742



Public Health Departments

Public Health Departments offer immunizations/screenings, STD/HIV testing, public health education, family planning, and other general nursing services. Many offer Women, Infant, Children (WIC) and Head Start programs, including Southern 7 Health Department.

Southern Seven Health Department Locations

All locations close for lunch from 12:00PM to 1:00PM. Closed most state and federal holidays. Earlier and later appointments are available upon request.

Alexander County

3014 Elm St. Cairo, IL 62914 Phone: 618-734-4167

Fax: 618-734-3923

Hours: 8:30AM - 4:30PM (M-W)

Hardin County

IL Route 146, Bldg. 2 PO Box 177

Elizabethtown, IL 62931 Phone: 618-285-6215

Fax: 618-285-6218

Hours: 1:00PM - 4:00PM (W)

Johnson County

513 1/2 E. Vine St. Vienna, IL 62995

Phone: 618-658-5011 Fax: 618-658-2547

Hours: 8:30AM - 4:30PM

(M/T/TH/F)

Massac County

1230 Commercial Park Rd.

Pope County

106 N. Market St. Golconda, IL 62938

Phone: 618-683-8022

Fax: 618-683-8122

Hours:

Tuesday WIC/FCM

9:00AM - 4:00PM

Wednesday

Clinic

9:00AM - 12:00PM

Pulaski County

37 Rustic Campus Drive

Building B

Ullin, IL 62992

Phone: 618-634-9405 Fax: 618-634-2656

Hours: 8:30AM - 4:30PM

(W-F)

Union County

260 Lick Creek Rd.

Anna, IL 62906

Phone: 618-833-8561 Fax: 618-833-6393

Hours: 8:30AM - 4:30PM

(M-F)

Visit Online:

www.southern7.org

Public Health Departments

Additional Health Departments

Public Health Departments in Neighboring Counties

Franklin County

Bi-County Health Department bicountyhealth.org

403 E. Park, Benton, IL 62812 Phone: 618-439-0951 Hours: 8:00AM - 4:00PM (M-F) Closed 12:00PM - 1:00PM for lunch

Gallatin County

Egyptian Health Department egyptian.org

Main Office 1412 US 45N Shawneetown, IL 62984 Phone: 618-273-3326

9525 Gold Hill Rd., Shawneetown, IL 62984 Phone: 618-269-3454

Hours: 8:00AM - 4:00PM (M-F)

Jackson County

Jackson County Health Department jchdonline.org

415 Health Dept. Rd., Murphysboro, IL 62966 Phone: 618-684-3143 Hours: 8:00AM - 4:00PM (M-F)

Perry County

Perry County Health Department perryhealth.net

907 S. Main St. Pinckneyville, IL 62274 Phone: 618-357-5371 Hours: 7:45AM - 5PM (M-TH)

Saline County

Egyptian Health Department egyptian.org

946 Fourth St. Eldorado, IL 62930 Phone: 618-297-9380 Hours: 8:00AM - 5:00PM (M/W/F) 8:00AM - 8:00PM (T/TH)

White County

Egyptian Health Department egyptian.org

1705 College Ave. Carmi, IL 62821 Phone: 618-382-7311 Hours: 8:00AM - 5:00PM (M/W/F) 8:00AM - 8:00PM (T/TH)

Williamson County

Bi-County Health Department bicountyhealth.org

8160 Express Dr., Marion, IL 62959 Phone: 618-993-8111 Hours: 8:00AM - 4:00PM (M-F) Closed 12:00PM - 1:00PM for lunch





HIV Prevention & Treatment

By enrolling in Illinois HIV Care Connect at no charge, people living with HIV receive help in finding the care and support they need. Once enrolled, a case manager will determine the individual's eligibility for services and benefits from programs including the AIDS Drug Assistance Program (ADAP Medication Assistance), Ryan White Part B, Continuation of Health Insurance of Coverage Program (CHIC Premium Assistance), Housing Opportunities for Persons Living With AIDS (HOPWA), and others. In this way, Illinois HIV Care Connect can help individuals better afford the health care and support services they need to manage HIV and achieve optimal health and self-sufficiency. In many cases, services will be available near an individual's home.



Southern Illinois Regional HIV Prevention Providers

The Community Action Place, Inc.

Contact: Scott Fletcher 1400 N. Wood Rd., Suite F Murphysboro, IL 62966 Phone: 618-364-8053 Fax: 618-732-2085

Services: Risk-Targeted HIV Testing; HIV Navigation Services; Harm Reduction; and Risk-Targeted Monthly Condom Distribution

Jackson County Health Department

Contact: Paula Clark 415 Health Department Rd. Murphysboro, IL 62966 Phone: 618-684-3143 ext. 160 Fax: 618-687-4933

Services: Surveillance Based Services

Egyptian Health Department

Contact: Jamie Byrd 1412 US Highway 45 N Eldorado, IL 62930 Phone: 618-273-3326 ext. 2155

Fax: 618-273-2808

Services: Targeted HIV Testing; Surveillance Based Services (Regional Lead); HIV Navigation Services; Risk-Targeted Monthly Condom Distribution; and HIV Routine Testing.

Lead HIV Care Agency Jackson County Health

Department 415 Health Department Rd. P.O. Box 307

Murphysboro, IL 62966-6108

Regional Project Director

Paula Clark

Phone: 618-684-3143 ext. 160

877-745-1424

Fax: 618-687-4933

Prevention Lead Agent

Contact: Phil Talley Illinois Public Health Association 500 W. Monroe, Suite 1E

Springfield, IL 62704 Phone: 217-522-5687 Fax: 217-522-5689





Drug Disposal Locations

To reduce prescription drug abuse and accidental poisoning, safely & responsibly dispose of unused prescription and over-the-counter medication at participating locations.

Hardin County

Hardin County Sheriff's Department 104 E. Market St. Elizabethtown, IL 62931 Phone: 618-287-2271 Hours: Available 24/7

Hardin County Pharmacy 7 Ferrell Rd.

Rosiclare, IL 62982 Phone: 618-285-6618 Hours: 9AM - 5PM (M-F) 9AM - 12PM (SAT)

Jackson County

Shawnee Health Care 400 S. Lewis Ln. Carbondale, IL 62901 Phone: 618-519-9200 Hours: 8AM - 5PM (M-F)

Walgreens-East 206 S. Wall St. Carbondale, IL 62901 Phone: 618-457-4104 Hours: 8AM - 10PM (M-F)

9AM - 9PM (SAT/SUN)

Jackson County (cont.)

Memorial Hospital of Carbondale 405 W. Jackson St. Carbondale, IL 62901 Phone: 618-549-0721 Hours: Available 24/7

SIH Cancer Institute 1400 Pin Oak Dr. Carterville, IL 62918 Phone: 618-985-3333 Hours: 8AM - 5PM (M-TH) 8AM - 4:30PM (F)

Johnson County

Goreville Professional Pharmacy 901 S. Broadway Goreville, IL 62939 Phone: 618-995-1555 Hours: 9AM - 6PM (M-TH) 9AM - 5PM (F) 9AM - 1PM (SAT)

Vienna City Hall 205 N. 4th St. Vienna, IL 62995 Phone: 618-658-5161 Hours: 8AM - 4PM (M-W/F) 8AM - 12PM (TH)

Massac County

Massac County Sheriff's Department 515 Market St. Metropolis, IL 62960 Phone: 618-524-2912 Drop box available 24/7

Pope County

Pope Co. Sheriff's Dept. 216 E Decatur St Golconda, IL 62938 Phone: 618-683-4321 Hours: 8AM - 4PM (M-F)

Pulaski County

Pulaski County Sheriff's Department 500 Illinois Ave. #A Mound City, IL 62963 Phone: 618-748-9374 Hours: 8AM - 4PM (M-F)

Saline County

Beck's Drugs 1409 Locust St. Eldorado, IL 62930 Phone: 800-851-6857 ext. 1 Hours: 9AM - 5:30PM (M-F) 9AM - 12PM (SAT)

Saline County Sheriff's Department Parking Lot of Saline County Courthouse 1 N. Main St. Harrisburg, IL 62946 Phone: 618-252-8661 Hours: 2 events per year

Union County

Anna Police Department 201 E. Vienna St. Anna, IL 62906 Phone: 618-833-8571 ext. 2 Hours: Available 24/7

Williamson County

William County Sheriff's Department 404 N. Van Buren St. Marion, IL 62959 Phone: 618-997-6541 Hours: Advertises a take-back program twice per year.

Herrin Hospital Lab 201 S. 14th St. Herrin, IL 62948 Phone: 618-942-2171 Hours: 6:30AM - 5PM (M-F)

6:30AM - 12PM (SAT)



Government Elected Officials

Elected officials representing the southern seven counties of Illinois.

Illinois Governor

JB Pritzker Office of the Governor 207 State House Springfield, IL 62706 Phone: 217-782-0244

James R. Thompson Center 100 West. Randolph St. Suite 16-100 Chicago, IL 60601 Phone: 312-814-2121

Lieutenant Governor

Juliana Stratton 214 State House Springfield, IL 62706 Phone: 217-558-3085

State Attorney General

Kwame Raoul 500 S. Second St. Springfield, IL 62701 Phone: 217-782-1090

601 S. University Ave. Carbondale, IL 62901 Phone: 618-529-6400

Secretary of State

Alexi Giannoulias 213 State Capitol Springfield, IL 62756 Phone: 217-785-8980



State Comptroller Susana A. Mendoza

325 W. Adams St. Springfield, IL 62704 Phone: 217-782-6000

State Treasurer

Michael W. Freichs 219 State House Springfield, IL 62706 Phone: 866-458-7327

US Senator

Tammy Duckworth 8 S. Old State Capitol Plz. Springfield, IL 62701 Phone: 217-528-6124

441 E. Willow St. Carbodnale, IL 62901 Phone: 618-319-6710

US Senator Richard "Dick" Durbin

525 S. 8th St. Springfield, IL 62703 Phone: 217-492-4062

250 W. Cherry St. Suite 115-D Carbondale, IL 62901 Phone: 618-351-1122

Illinois Senator 59th District

Dale Fowler 103 B State House Springfield, IL 62706 Phone: 217-782-5509

District Office 2 N. Vine 6th Floor Harrisburg, IL 62946 Phone: 618-294-8951

US Congressman Mike Bost

1109 Chestnut St. Murphysboro, IL 62966 Phone: 618-457-5787

352 Cannon House Office Building Washington, DC 20515 Phone: 202-225-5661

State Representative Paul Jacobs

234-N Stratton Building Springfield, IL 62706 Phone: 217-782-0387

206 W. College Suite 22 Carbondale, IL 62901 Phone: 618-534-9880

600 Halfway Rd. Marion, IL 62959 Phone: 618-534-9880

State Representative Patrick Windhorst

314 Capitol Building Springfield, IL 62706 Phone: 217-782-5131

2 N. Vine St., 5A Harrisburg, IL 62946 Phone: 618-294-8703

Government Services & Assistance

Illinois Department of Human Services Offices

www.dhs.state.il.us

Services: Cash Assistance, Supplemental Nutrition Assistance Program (SNAP), Medicaid/Medical Assistance, Temporary Assistance for Needy Families (TANF), Women, Infant, and Children (WIC), obtain Proof of Income

Iackson County

342 North St. Murphysboro, IL 62966 Metropolis, IL 62960 Phone: 618-687-1705

Massac County Union County

2301 Metropolis St.

1000 N. Main St.

Anna, IL 62906 Phone: 618-524-2631 Phone: 618-833-2118 Phone: 618-993-8639

Williamson Co.

107 Airway Dr. Marion, IL 62959

Secretary of State Offices

www.ilsos.gov

From issuing driver's licenses and registering vehicles, to promoting organ/tissue donation awareness, overseeing the Illinois State Library and administering the state's literacy efforts, the Secretary of State's office directly touches the lives of nearly everyone in Illinois.

Alexander County

216 10th St. Cairo, IL 62914 Phone: 618-734-7034

Franklin County

812 North Main Street Benton, IL 62812 Phone: 618-438-4491

Massac County

1112 W. 10th Metropolis, IL 62960 Phone: 618-524-7451

Jackson County

2516 W. Murphysboro Rd. Carbondale, IL 62901 Phone: 618-457-0488

Johnson County

400 E. Vine Vienna, IL 62995 Phone: 618-658-8062

Williamson County

1905 Rendleman St. Marion, IL 62959 Phone: 618-993-2587

Union County

101A Transcraft Dr. Anna, IL 62906 Phone: 618-833-8234

Saline County

350 Seright, Ste. C Harrisburg, IL 62946 Phone: 618-253-7976

Social Security Administration Offices

www.ssa.gov

Administers retirement, disability, survivor, and family benefits, and enroll individuals in Medicare. Also provides Social Security Numbers, which are unique identifiers needed to work, handle financial transactions, and determine eligibility for certain government services. Provides proof of income and benefits needed for applications such as housing and various utilities.

Jackson County

250 Cherry St. Room 104 Carbondale, IL 62901 Phone: 1-877-714-0377 TTY: 1-800-325-0778

Hours: 9:00AM - 4:00PM (M-F)

Saline County

18 Veterans Drive Harrisburg, IL 62946 Phone: 1-866-366-3980 TTY: 1-800-325-0778

Hours: 9:00AM - 4:00PM (M-F)

Courthouses & State's Attorney Offices

Alexander County

Courthouse

2000 Washington Ave. Cairo, IL 62914

County Clerk & Recorder Phone: 618-734-7000

Circuit Clerk

Phone: 618-734-0107

Probation Officer

306 20th St. Cairo, IL 62914 Phone: 618-734-2192

Fax: 618-734-7008

State's Attorney

Zachary Gowin 2000 Washington Ave. Cairo, IL 62914 Phone: 618-734-0408

Fax: 618-734-4389

Hardin County

Courthouse

102 E. Market St. PO Box 308 Elizabethtown, IL 62931

County Clerk & Recorder

Phone: 618-287-2251

Circuit Clerk

Phone: 618-287-2735

Probation Officer

Phone: 618-287-8891 Fax: 618-287-7833

State's Attorney

Todd Bittle 102 E. Market St. PO Box 328

Elizabethtown, IL 62931 Phone: 618-287-3691 Fax: 618-287-8743

Johnson County

Courthouse

400 Court St. Vienna, IL 62995

County Clerk & Recorder

Phone: 618-658-3611

Circuit Clerk

Phone: 618-658-4751

Probation Officer

109 N. 5th St. Vienna, IL 62995 Phone: 618-658-2841 Fax: 618-658-2118

State's Attorney

Tambra Cain 400 Court St. Vienna, IL 62995 Phone: 618-658-9318 Fax: 618-658-9339

Massac County

Courthouse

101 W. 8th St. Metropolis, IL 62960

County Clerk & Recorder

Phone: 618-524-5213

Circuit Clerk

Phone: 618-524-9359

Probation Officer

101 W. 8th St., Room M2 Metropolis, IL 62960 Phone: 618-524-7080 Fax: 618-524-4915

State's Attorney

Josh Stratemeyer 101 W. 8th St.

Metropolis, IL 62960 Phone: 618-524-2587 Fax: 618-524-4230

Pope County

Courthouse

310 E. Main St. PO Box 490 Golconda, IL 62938

County Clerk & Recorder

Phone: 618-683-3941

Circuit Clerk

Phone: 618-683-3941 **Probation Officer** Phone: 618-683-8383 Fax: 618-683-2211

State's Attorney

Jason Olsen 226 E. Main St. Golconda, IL 62938 Phone: 618-683-2221 Fax: 618-683-6101

Pulaski County

Courthouse

500 Illinois Ave. Mound City, IL 62963 County Clerk & Recorder

Phone: 618-748-9360

Circuit Clerk

Phone: 618-748-9300 Probation Officer Phone: 618-748-9643 Fax: 618-748-9815

State's Attorney

Lisa Casper 500 Illinois Ave. Mound City, IL 62963 Phone: 618-748-9134

Fax: 618-748-9367

Union County

Courthouse

309 W. Market St. Jonesboro, IL 62952

Probation Officer

Phone: 618-833-7913 Fax: 618-833-5600

County Clerk & Recorder

Phone: 618-833-5711

Circuit Clerk

Phone: 618-833-5913

State's Attorney

Tyler Tripp

309 W. Market St. Jonesboro, IL 62952 Phone: 618-833-7216

Fax: 618-833-3349



Educational services for children, adults, and families within the southern seven counties and neighboring communities. Includes earliy education services, K-12, post-secondary opportunities, and educational assistance programs.

Early Childhood/Pre-K Learning

Alexander County

Cairo Early Learning Center* 4115 Sycamore St. Building B Cairo, IL 62914-1069 Phone: 618-734-4220 Fax: 618-734-1985

Egyptian Early Learning Center* Egyptian Elem. School 20023 Diswood Rd Tamms, IL 62988 Phone: 618-776-5756 Fax: 618-776-5758

Hardin County

Hardin County Early Learning Center* Hardin County Elementary School 4 School Road P.O. Box 313 Elizabethtown, IL 62931 Phone: 618-287-9098 Fax: 618-287-9099

Johnson County

Little Treasures Child Development Center 9043 Galeener St. Vienna, IL 62995 Phone: 618-553-0187 littletreasureschildren.com

Vienna Early Learning Center 513 East Vine Street Vienna, IL 62995

Phone: 618-658-9229 Fax: 618-658-6064

Massac County

Brookport Early Learning Center Located in Brookport Elementary School 319 Ferry St. Brookport, IL 62910 Phone: 618-564-3494 Fax: 618-564-3941

Metropolis Head Start* 416 E. Ninth St. Metropolis, IL 62960 Phone: 618-524-5222 Fax: 618-524-5322

Pulaski County

Mounds Head Start* 327 North Reader P.O. Box 476 Mounds, IL 62964 Phone: 618-745-6703 Phone: 618-745-9418

Union County

Anna Early Learning Center Barnes Hall 1000 N. Main St. Anna, IL 62906 Phone: 618-833-8932 Fax: 618-833-5845 annaheights.com

Cobden Early Learning Center* 413 N. Appleknocker Dr. Cobden, IL 62920 Phone: 618-614-2350 Fax: 618-893-4742

Dongola Early Learning Center* 1000 High St. Dongola, IL 62926 Phone: 618-771-0742 Fax: 618-967-3254

Jonesboro Early Learning Center* 309 Cook Ave. Jonesboro, IL 62952 Phone: 618-833-5148 Fax: 618-967-0171

SuCasa Migrant Head Start* 8125 Old Hwy. 51 N. Cobden, IL 62920 Phone: 618-893-4022 Fax: 618-893-4541

*visit www.southern7.org for more information

K-12 Public Schools

Alexander County

Cairo School District 4201 Sycamore St. Cairo, IL 62914 Phone: 618-734-4102 Fax: 618-734-4047 cairoschooldistrict1.com

Egyptian School District 20023 Diswood Rd. Tamms, IL 62988 Phone: 618-776-5251 Fax: 618-776-5122 egyptianschool.com

Hardin County

Hardin County K-12 4 School Rd. Elizabethtown, IL 62931 Phone: 618-287-2141 Fax: 618-287-8381 hardink12.net



Johnson County

Buncombe Elementary District #43 164 Main St. PO Box 40 Buncombe, IL 62912 Phone: 618-658-8830

Cypress Elementary School District #63 4580 Mt. Pisgah Rd. Cypress, IL 62923 Phone: 618-657-2525 Fax: 618-657-2570 cypressgradeschool.org

Goreville Community Unit School District #1 201 S. Ferne Clyffe Rd. Goreville, IL 62939 Phone: 618-995-9831 Fax: 618-995-9832 gorevilleschools.com

New Simpson Hill School District #32

95 Tunnel Hill Rd. Tunnel Hill, IL 62972 Phone: 618-658-8536 Fax: 618-658-5034 newsimpsonhill.com

Vienna Elementary District #55 310 N 3rd St. Vienna, IL 62995 Phone: 618-658-8286 Fax: 618-658-9036 viennagradeschool.com

Vienna High School District #13-3 601 North 1st Street Vienna, IL 62995 Phone: 618-658-3011 Fax: 618-658-2122 viennahighschool.com Massac County Brookport Elementary School 319 Ferry St. PO Box 298 Brookport, IL 62910 Phone: 618-564-2482 Fax: 618-564-3509 brookport.massac.org

Franklin Elementary School

1006 Mt. Mission Rd. Metropolis, IL 62960 Phone: 618-524-2243 Fax: 618-524-2725 franklin.massac.org

Jefferson Elementary School 4915 Jefferson School Rd. Metropolis, IL 62960

Phone: 618-524-4390 Fax: 618-524-3019 jefferson.massac.org

Joppa Jr/Sr High School District #38 911 North Ave. P.O. Box 10 J oppa, IL 62953 Phone: 618-543-7589 Fax: 618-543-9264 jmg38.com

Maple Grove Elementary School

1698 Grand Chain Rd. Metropolis, IL 62960 Phone: 618-543-7434 Fax: 618-543-7486 jmg38.com

Pope County

Pope County School District #1 125 State Hwy. 146 PO Box 22 Golconda, IL 62938 Phone: 618-683-2301 Fax: 618-683-5181 popek12.org

K-12 Public Schools

Pulaski County

Century Elementary 4819 Shawnee College Rd. Ullin, IL 62992 Phone: 618-845-3572 Fax: 618-845-3476 centuryschool100.com

Century Junior/Senior High School 4712 Shawnee College Rd. Ullin, IL 62992 Phone: 618-845-3518 centuryschool100.com

Meridian Community Unit School #1 1401 Mounds Rd. Mounds, IL 62964 Phone: 618-342-6776 Fax: 618-342-6401 meridian101.com



Union County

Anna-Jonesboro Community High School District #81 608 S. Main St. Anna, IL 62906 Phone: 618-833-8502 Fax: 618-833-5931 ai81.net

Anna Junior High School 301 S. Green St. Anna, IL 62906 Phone: 618-833-6415 Fax: 618-833-6535

Cobden Unit School District #17 413 N. Appleknocker Dr. Cobden, IL 62920 Phone: 618-893-2313 Fax: 618-893-4772 cobdenappleknockers.com

Cobden Elem. School 413 N. Appleknocker Dr. Cobden, IL 62920 Phone: 618-893-2311 Fax: 618-893-4742 cobdenappleknockers.com

Davie School 301 S. Green St. Anna, IL 62906 Phone: 618–833–6415 Fax: 618–833–6535

Dongola Unit School Dist. #661 1000 High St. Dongola, IL 62926 Phone: 618-827-3524 Fax: 618-827-4422 dongolaschool.com Jonesboro Community School District #43 309 Cook Ave. Jonesboro, IL 62952 Phone: 618-833-5148 Fax: 618-833-3410 Jonesboro43.com

Lick Creek Community Consolidated School Dist. #16 7355 Lick Creek Rd. Buncombe, IL 62912 Phone: 618-833-2545 Fax: 618-883-3262 lickcreekschool.com

Lincoln School #108 108 Warren St. Anna, IL 62906 Phone: 618-833-6851

Shawnee Community Unit District #84 3365 St. Rte. 3 N. Wolf Lake, IL 62998 Phone: 618-833-5709 Fax: 618-833-4171

Shawnee Elementary School 3365 St. Rte. 3 N. Wolf Lake, IL 62998 Phone: 618-833-4975 Fax: 618-833-4977

Shawnee Jr-Sr High School 3365 St. Rte. 3 N. Wolf Lake, IL 62998 Phone: 618-833-5307 Fax: 618-833-5468

Shawnee Community College Extension Centers

www.shawneecc.edu

Established in 1967, Shawnee Community College offers over 40 associate degrees, diplomas, and certificate programs, including specialties in Healthcare, Business, Accounting, Agri-Business, and Information Technology. Located in Southernmost Illinois, Shawnee has expanded throughout its history to include four extension sites serving the five counties district and beyond.

Administrative Office 8364 Shawnee College Rd. Ullin, IL 62992 Phone: 618-634-3200

Anna Extension Center 1150 E. Vienna St. Anna, IL 62906 Phone: 618-833-3399

Cairo Extension Center 2035 Washington Ave. Cairo, IL 62914 Phone: 618-634-3490

Cairo Sr. High School Center 4201 Sycamore Cairo, IL 62914 Phone: 618-634-3490 Metropolis Extension Center 5385 Industrial Park Rd. Metropolis, IL 62960 Phone: 618-524-3003

Vienna Extension Center 601 N. 6th St. Vienna, IL 62995 Phone: 618-634-3441

University of Illinois - Extension Offices

www.web.extension.edu

Committed to our mission linking local communities to the University to develop programs, tools, and knowledge that will support needed change. Our mission is to align research to needs and translate research into action plans that allow Illinois families, businesses, and community leaders to solve problems, make informed decisions, and adapt to changes and opportunities.

Suite G Anna, IL 62906 Phone: 618-833-6363 Fax: 618-833-6304

1438 W. 10th St. Metropolis, IL 62960 Phone: 618-524-2270 Fax: 618-524-3948

502 Oakley Ln. Mounds, IL 62964 Phone: 618-745-5200 Fax: 618-745-5201

208 E. Main St. Vienna, IL 62995 Phone: 618-658-5321 Fax: 618-658-2028

Dixon Springs Agricultural 354 St. Hwy 145 N. Simpson, IL 62985 Phone: 618-695-6060 Fax: 618-695-2492



Regional Office of Education Offices

Regional Office of Education is a service organization whose responsibilities are defined by Illinois School Code. Services include: licensure and certification for educators, alternative school programs, special education programming, and more.

Regional Office of Education #20 (Hardin/Pope County)

Saline County Office 512 N. Main St. Harrisburg, IL Phone: 618-253-5581 roe20.org Regional Office of Education #21 (Johnson/Massac County)

Massac County Office 1102 W. 10th St. Metropolis, IL Phone: 618-524-3736 roe21.org Regional Office of Education #30 (Alexander, Pulaski & Union County)

Union County Office 1150 E. Vienna St. Anna, IL 62906 Phone: 618-634-3458 roe30.org

Alternative School Programs

Providing alternative learning for students referred by their home school district with needs to address suspension, juvenile justice system involvement, etc.

JAMP Special Education Services

Administrative Office & Grand Chain
Learning Center
251 W. 2nd St.
PO Box 107
Grand Chain, IL 62941

Phone: 618-634-9800 Fax: 618-634-9864

S.T.A.R. Quest Academy

1102 W. 10th St. Metropolis, IL 62960 Phone: 618-524-3736 roe21.org

Tri-County Education Cooperative

1000 N. Main St. P.O. Box 379 Anna, IL 62906 Phone: 618-833-4541 Fax: 618-833-4833

tcse,us

Education Support Services

Provides assistance through referrals to treatment providers and intervention services to support children oin meeting educational milestones.

Child & Family Connections

Early Intervention Services 2751 W. Main St. Carbondale, IL 62901 Phone: 888-340-6702

Phone: 618-529-3147

Division of Specialized Care of Children

Marion Regional Office 2309 W. Main St. Suite 119 Marion, IL 62959

Phone: 800-451-0464 Phone: 618-997-4396

J.R.'s Center

100 Florsheim Dr. Anna, IL 62906 Phone: 618-833-4956

Phone: 618-833-4956

Post-Secondary Education

Post-secondary education including Community colleges and Universities within Southern Illinois and neighboring communities. Education opportunities include skilled trade programs and degrees to further your career.

John A. Logan College

jalc.edu

700 Logan College Dr. Carterville, IL 62918 Phone: 618-985-2828

Shawnee Community College

shawneecc.edu

8364 Shawnee College Rd. Ullin, IL 62992 Phone: 618-634-3200

Southeastern Illinois College

sic.edu

6575 College Rd. Harrisburg, IL 62946 Phone: 618-252-5400

Southeastern Illinois University

siu.edu

1263 Lincoln Dr. Carbondale, IL 62901 Phone: 618-453-2121

Southeast Missouri University

semo.edu

1 University Plaza Cape Girardeau, MO 63701 Phone: 573-651-2000

West Kentucky Community & Technical College westkentucky.kctcs.edu 4810 Alben Barkley Dr. Paducah, KY 42001, 270-554-9200

Training & Education Programming

Job Corps is the largest job training and education program in the country, free to low-income 16- to 24-year-olds. With over 120 campuses across the country you can get the experience and skills you need to start a career that's right for you, go on to college, or join the military. Provides free career training, education/GED completion, and housing.

Job Corps

info.joinjobcorps.com

Earl C. Clements Job Center 3875 KY-181 Greenville, KY 42345 Mingo Job Corps Civilian Conservation Center

4253 State Highway T Puxico, MO 63960 Muhlenberg Job Corps Center 2302 US-60 Morganfield, KY 42437

St. Louis Corps Center

3860 Lindell Blvd. St. Louis, MO 63108

For More Information Call:

800-773-JOBS 800-773-5627

TTY: 877-889-5627

Libraries

Public libraries providing access to internet, printing services, and youth & family activities, and more.

Alexander County

Cairo Public Library 1609 Washington Ave. Cairo, IL 62914 Phone: 618-734-1840 Hours: 9:30AM - 4:30PM (M-F) cairopubliclibrary.org

Dodge Memorial Public Library

22434 Railroad St. Olive Branch, IL 62969 Phone: 618-776-5115 Hours: 12PM - 5PM (M-F)

Hardin County

Rosiclare Memorial Public Library

308 Main St. Rosiclare, IL 62982 Phone: 618-285-6213 Hours: 1PM - 5PM (M, W-F) 1PM - 6PM (T) rosiclarelibrary.net

Johnson County

Vienna Public Library 401 Poplar St. Vienna, IL 62995 Phone: 618-658-5051 Hours: 1PM - 5PM (M-W) 1PM - 5PM (F-SAT)

Massac County

Brookport Public Library 7425 S. US 45 Rd. Brookport, IL 62910 Phone: 618-564-3630 Hours: 10AM - 5PM (M-F)

Metropolis Public Library

317 Metropolis St. Metropolis, IL 62960 Phone: 618-524-4312 Hours: 10AM - 6PM (M-F) 10AM - 4PM (SAT) metropolispubliclibrary.com

Pope County

Golconda Public Library
126 W. Main St.
Golconda, IL 62938
Phone: 618-683-6531
Hours: 9AM - 5PM (M-T)
1PM - 5PM (W & F)
9AM - 1PM (TH & SAT)
golcondapubliclibrary.webs.com

Pulaski County

Mounds Public Library

418 1st St. Mounds, IL 62964 Phone: 618-745-6610 Hours: 3PM - 6PM (T-F) 10AM - 1PM (SAT)

Olmsted Public Library

140 N. Front St. Olmsted, IL 62970 Phone: 618-742-8296 Hours: 12:30PM - 4:30PM (T-TH)

Union County

Cobden Branch Library 100 S. Front St. Cobden, IL 62920 Phone: 618-893-4637 Hours: 2PM - 6PM (M/T) 9AM - 12PM (TH)

Dongola Public Library

114 N.E. Front St. Dongola, IL 62926 Phone: 618-827-3622 Hours: 2PM - 6PM (T/W) 10AM - 7PM (TH) 9AM - 1PM (SAT)

Jonesboro Public Library

412 S. Main St. Jonesboro, IL 62952 Phone: 618-833-8121 Hours: 1PM - 5PM (T-SAT)

Stinson Memorial Library

409 S. Main St. Anna, IL 62906 Phone: 618-833-2521 Hours: 10AM - 6PM (M-F) 10AM - 3PM (SAT) stinsonlibrary.org

Wolf Lake Branch Library

4720 State Route 3 North Wolf Lake, IL 62998 Phone: 618-833-4923





Libraries

Cape Girardeau County

Cape Girardeau Public Library

711 Clark St. Cape Girardeau, MO 63701 Phone: 573-334- 5279 Hours: 9AM - 9PM (M-SAT) 1PM - 5PM (SUN)

capelibrary.org

Jackson County

Carbondale
Public Library
405 W Main St.
Carbondale, IL 62901
Phone: 618-457-0354
Hours: 9AM - 8PM (M-TH)
9PM - 6PM (F-SAT)
1PM - 6PM (SUN)
carbondalepubliclibrary.org

McCracken County

McCracken County Public Library

555 Washington St.
Paducah, KY 42003
Phone: 270-442-2510
Hours: 9AM - 7PM (M-TH)
9AM - 5PM (F/SAT)
1PM - 5PM (SUN)

mclib.net

Saline County

Harrisburg District Library

2 W. Walnut St. Harrisburg, IL 62946 Phone: 618-252-1239 Hours: 9AM - 8PM (M-F) 1PM - 5PM (SUN) harrisburglibrary.org

Williamson County

Anne West Lindsey District Library

600 N. Division St. Carterville, IL 62918 Phone: 618-985-3298 Hours: 10AM - 7PM (M/W) 10AM - 5PM (T/TH/F) 10AM - 4PM (SAT)

awlindsey.com

Herrin City Library

120 N. 13th St. Herrin, IL 62948 Phone: 618-942-6109 Hours: 10AM - 7PM (M-TH) 10AM - 6PM (F) 12PM - 5PM (SAT) herrincitylibrary.org

Marion Carnegie Library

206 S. Market St. Marion, IL 62959 Phone: 618-993-5935 Hours: 9AM - 8PM (M-TH) 9AM - 5PM (F/SAT)

marioncarnegielibrary.org





Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

Aging

Addus Home Care

addus.com

Services Provided:

Provides in home care and support during chronic illness, surgery, recovery, or simply needing assistance maintaining health and independence.

Payer Sources:

Medicaid, Medicare, Private & Long-Term Care Insurance, Veterans Aid, & Self-Pay

Services:

Older adults and adults with disabilities

Contact Information:

4503 W. Deyoung St. Suite 200 Marion, IL 62959 Phone: 618-997-8008 Call Center: 888-233-8746

Hours of Operation:

8AM - 5PM (M-F) Call Center Available Afterhours

Golden Circle

Services Provided:

Offers home delivered meals, legal assistance, in- Pope County home services, congregated meals, arranges 217 Adams St. transportation through RIDES for the senior center, Golconda, IL 62938 and assistance in managing senior health insurance Phone: 618-683-7741 programs.

Services:

Adults 60+ & disabled adults 18+

Hours of Operation: 8AM - 2PM (M-F)

Contact Information:

Hardin County 129 IL Route 146E Elizabethtown, IL 62931

Phone: 618-287-5592

Aging

Lutheran Social Services

ccrrjalc.com

Services Provided:

Offers care, early childhood development, mental health services, alcohol and drug treatment, home care for seniors, affordable senior housing, residential programs for people with developmental disabilities, and programs that help formerly incarcerated individuals integrate back into society.

Payer Sources:

No fees unless program specifies

Services:

All ages

Hours of Operation:

8:30AM - 4:30PM (M-F)

Marion Children's Programs

1616 W. Main St. Marion, IL 62959 Phone: 618-997-9196

Fax: 618-997-6843

Marion Family Ministry Office

102 E. Deyoung St. Marion, IL 62959 Phone: 618-997-9076

Fax: 618-998-0604

Vienna Children's Programs

45 Industrial Dr. Vienna, IL 62995 Phone: 618-658-9512 Fax: 618-658-8151

Shawnee Alliance for Seniors

shawneehealth.com

Services Provided:

Helps older adults and their caregivers connect to services available in the community, which enables them to maintain their independence in the following areas; function, physical health, behavioral health, medication, nutrition, transportation, henvironment, financial, legal, and spiritual/social.

Payer Sources:

Medicaid, Medicare, Private Insurance, and Sliding Fee Scale Available

Services:

Adults ages 60+ and those with disabilities

Contact Information:

6355 Brandhorst Dr. Carterville, IL 62918 Phone: 618-985-8322

800-642-7773

Branch Offices In:

Anna, Golconda, & Metropolis

Hours of Operation:

8:30AM - 4:30PM (M-F)



Aging

Shawnee Development Council, Inc.

shawneedevelopment.org

Services Provided:

Some program applications include Senior Nutrition funds, Senior Companion, Weatherization. Residential Energy Assistance, Community Care, CETA, J.T.P.A., Transportation, and dozens of other Assistance, extended and short-term community programs

Payer Sources:

Each program has different requirements

Services:

All ages

Contact Information:

Administrative Office 530 W. Washington St. Karnak, IL 62956 Phone: 618-634-2201 Fax: 618-634-9551 Hardin County 147 N. Main St. Elizabethtown, IL 62931 Phone: 618-287-7071 Pope County 12 Decatur St. Golconda, IL 62938 Phone: 618-683-2107

Pulaski County 124 N. Oak St. Mounds, IL 62964 Phone: 618-745-6388 Union County Choate Mental Health Center 1000 N. Main St. Anna, IL 62906 Phone: 618-833-7431

Hours of Operation: 8AM - 4PM (M-TH) 8AM - 1PM (F)

Southern Pride Senior Program

Services Provided:

Offers congregated and home delivered meals, health promotions, fitness programs, in-home respite, benefit applications, home visits, home modifications, nutritional education, transportation services, Medicare Part D assistance, etc.

Contact Information:

Alexander County Happy Days 2728-B Martin Luther King Dr. 701 Market St. Cairo, IL 62914 Phone: 618-734-1050 Johnson County Whistlers & Whittlers 60 St. Route 37N Vienna, IL 62995 Phone: 618-658-8140

Massac County Happy Hearts Metropolis, IL 62960 Phone: 618-524-9755

Pulaski County Smiles Senior Center 412 Blanche St. Mounds, IL 62964 Phone: 618-745-6149 Union County

Sunshine Inn 1921 E. Market St. Anna, IL 62906

Phone: 618-833-6734

Payer Sources:

Suggested donation of \$3 per meal

Services:

Adults 60+ and adults 18+ with disabilities

Hours of Operation:

8AM - 2PM (M-F)

Child and Family Services

Caritas Family Solutions

caritasfamilysolutions.org

Services Provided:

Provides a variety of family services aimed at addressing the social/emotional needs of persons of all backgrounds. Offers a wide range of family services including adoption services and pregnancy care as well as help for families seeking to adopt.

Payer Sources: Private pay unless a DCFS case

Services:

All ages

Contact Information:

10286 Fleming Rd. Carterville, IL 62718 Phone: 618-985-2000 Fax: 618-985-2033 Toll-Free: 800-997-9381

Hours of Operation: 8:30AM - 4:30PM (M-F)

Child & Family Connections

cfc24.org

Services Provided:

If concerned about a child's development, offers & assessments, additional developmental monitoring, direct therapy sessions, and assistive technology.

Payer Sources:

Free initial assessment. Medicaid, Private Insurance, Sliding Fee Scale, & Self-Pay

Services:

Birth to 3 years of age

Contact Information: Early Intervention Services

2751 W. Main St. PO Box 1180

Carbondale, IL 62901 Phone: 618-529-3147 Fax: 618-549-8137 Toll-Free: 888-340-6702

Hours of Operation: 8AM - 4PM (M-F)

Child Care Resource & Referral

ccrrjalc.com

Services Provided:

Dedicated to enhancing the quality of children's lives in the southern fifteen counties in Illinois. Provides information, referrals, and financial assistance to families, resources and support for child care and early education programs as well as training, education, etc.

> Contact Information: John A. Logan College 607 S. Greenbrian Mailing Address: 700 Logan College Dr. Carterville, IL 62918

Office Location: Carterville, IL 62918 Phone: 618-985-5975 Toll Free: 800-548-5563

Payer Sources:

No fees to apply. Co-pay may be required and based on income.

Services:

Low income working families or students and child care providers.

Hours of Operation:

Summer Hours: 7AM - 4:30PM (M-TH) Normal Hours: 8AM - 4:30PM (M/W-F) 10:30AM - 4:30PM (T)



Child and Family Services

Illinois Department of Child & Family Services

illinois.gov/dcfs

Services Provided:

The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission.

Saline County

324 E. Raymond St. Harrisburg, IL 62946 Phone: 618-253-7604

Fax: 618-253-3813

Williamson County

2309 W. Main St. Marion, IL 62959 Phone: 618-993-7100 Fax: 618-993-5467

Alexander County

1315 Washington Ave. Cairo, IL 62914

Phone: 618-734-0858

Massac County

200 W. 5th St. Metropolis, IL 62960

Phone: 618-524-2428

Union County

108 Denny Industrial Dr. Anna, IL 62906

Phone: 618-833-4449

Child Abuse Hotline: 1-800-25-ABUSE 1-800-252-2873

Lutheran Social Services

ccrrialc.com

Services Provided:

Offers care, early childhood development, mental health services, alcohol and drug treatment, home care for seniors, affordable senior housing, residential programs for people with developmental disabilities, and programs that help formerly incarcerated individuals integrate back into society.

Payer Sources:

No fees unless program specifies

Services:

All ages

Hours of Operation: 8:30AM - 4:30PM

(M-F)

Marion Children's Programs

1616 W. Main St. Marion, IL 62959 Phone: 618-997-9196 Fax: 618-997-6843

Marion Family Ministry Office

102 E. Deyoung St. Marion, IL 62959 Phone: 618-997-9076 Fax: 618-998-0604

Vienna Children's Programs

45 Industrial Dr. Vienna, IL 62995 Phone: 618-658-9512 Fax: 618-658-8151



Emergency Assistance & Relief

American Red Cross

redcross.org

Services Provided:

Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families. From small house fires to multi-state natural disasters, the American Red Cross goes wherever needed, so people can have clean water, safe shelter and hot meals when they need them most. As part of the world's largest humanitarian network, Red Cross Red Crescent teams provide relief and hope in nearly every corner of the globe.

Payer Sources:

No fees

Services:

All ages.

Contact Information:

South Central Illinois -Springfield Office 1045 Outer Park Dr. Springfield, IL 62704 Phone: 217-787-7602 Toll-Free: 800-753-2767

Available 24/7

Arrowleaf

myarrowleaf.org

Services Provided:

Immediate access to basic resources, as available, to assist with identification documents, housing assistance, linkage and referral to temporary shelters and other relief programs, clothing, food, and hygiene products. Assist with the process of obtaining long-term housing through programs such as Projects for Assistance in Transition from Homelessness (PATH) and Housing First (215).

Alexander County Office 1401 Washington Ave. Cairo, IL 62914 Phone: 618-734-2665 Fax: 618-734-1999

Hardin County Office 147 N. Main St. Elizabethtown, IL 62931 Phone: 618-287-7010 Fax: 618-287-7016 Johnson County Offices

101 Oliver St. Vienna, IL 62995 Phone: 618-658-3079 Fax: 618-658-2501

300 Redbud Ln. Vienna, IL 62995 Phone: 618-658-3079 Fax: 618-658-2759

Hours of Operation 8:30AM - 4:30PM (M-F) 24/7 Hotline Available

Payer Sources: Medicaid, Medicare, Private Insurance, Self-Pay, and Grant Based Programs Pope County Office 125 N. Market St. PO Box 759 Golconda, IL 62938 Phone: 618-683-2461 Fax: 618-683-2066

Union County Office 204 South St. Anna, IL 62906 Phone: 618-658-3079

Additional locations available

Services: All ages



Emergency Assistance & Relief

Salvation Army

salvationarmyusa.org

Services Provided:

Earthquakes, hurricanes, tornadoes, wildfires, droughts, floods, and other major disasters pose a great threat to our country. We're here to help — in any given year, The Salvation Army provides support, hope, and healing to more than 500,000 disaster survivors.

Payer Sources:

No fees

Services:

All ages.

Contact Information:

Marion Office 906 B Tower Square Marion, IL 62959 Phone: 618-997-9355

National Headquarters 615 Slaters Lane, Alexandria, VA 22314 Phone: 1-800-SAL-ARMY

1-800-725-2763

Shawnee Development Council, Inc.

shawneedevelopment.org

Services Provided:

Some program applications include Weatherization, Residential Energy Assistance, Community Care, CETA, J.T.P.A., Transportation, and dozens of other extended and short-term community programs

Payer Sources:

Each program has different requirements

Contact Information:

Administrative Office 530 W. Washington St. Karnak, IL 62956 Phone: 618-634-2201 Fax: 618-634-9551 Hardin County 147 N. Main St. Elizabethtown, IL 62931 Phone: 618-287-7071

Pope County 12 Decatur St.

Golconda, IL 62938 Phone: 618-683-2107

Pulaski County 124 N. Oak St. Mounds, IL 62964 Phone: 618-745-6388 Union County Choate Mental Health Center 1000 N. Main St. Anna, IL 62906 Phone: 618-833-7431

Hours of Operation:

8AM - 4PM (M-TH)

8AM - 1PM (F)





Employment & Legal Assistance

Illinois Department of Employment Security

ides.illinois.gov

Services Provided:

Offers unemployment insurance, job development services, recruitment of job seekers, hiring events & job search workshops, veterans employment services, migrant seasonal farm workers program, re-entry employment services program, bonding, and work opportunity tax credit.

Payer Sources: No fees

Services: Adults

Contact Information:

333 Potomac Blvd Mt. Vernon, IL 62864

Phone: 800-244-5631

Southern IL Workforce Development Board Illinois Star Center 3000 W. Deyoung St. Suite 800B Marion, IL 62959

Phone: 618-998-0970 TTY: 866-322-8357

Southern 14 Workforce Investment Board 216 Industrial Ave. Carmi, IL 62821

Phone: 618-252-6020 618-382-8869

Hours of Operation: 8:30AM - 4:30PM (M-TH)

Land of Lincoln Legal Aid

lincolnlegal.org

Services Provided:

Provides eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic human needs through advice, representation, advocacy, education, and collaboration.

Payer Sources:

Free civil legal services; not including criminal charges, traffic violations, personal injury & workman's compensation.

Services:

Eligible low-income residents

Contact Information:

First Mid Bank and Trust Third Floor 509 S. University Ave. #100 Carbondale, IL 62901

Phone: 618-457-7800 800-642-5335

Hours of Operation: 9AM - 5PM (M-F)

Man-Tra-Con

mantracon.org

Services Provided:

Career services to help you find a job to support yourself and fit your skills and interests. Services include: career coaching, job search assistance, college training, workforce training, linkage and referral to educational programs and benefits assistance, and more. Services available for youth ages 16 to 24 experiencing applicable barriers to employment include: tutoring, pain and unpaid internship experience, secondary school and GED classes, leadership development, and more.

3117 Civic Cir Blvd.

Suite B Marion, IL 62959

Phone: 618-998-0970

Contact Information: Hours of Operation:

8:30AM - 4:30PM (M-F)

Payer Sources:

No fees

Services: Ages 16+



Health Related Needs

Alzheimer's Association

act.alz.org

Services Provided:

Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

National Help Line 800-272-3900 (Available 24/7)

Payer Sources: No fees

Services:

Those with Alzheimer's as well as caregivers and professionals providing assistance

American Cancer Society

cancer.org

Services Provided:

Programs and services to help one manage cancer treatment, recovery, and find the emotional support needed such as transportation, advocacy, cancer information, and lodging.

Help Line

800-227-2345 (Available 24/7)

Payer Sources: No fees Services:

All ages

Live Chat Online:

www.cancer.org (Available 24/7)

The Autism Program of Illinois (TAP)

tap-illinois.org

Services Provided:

The Autism Program of Illinois serves and supports persons with autism spectrum disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best and promising practices.

Payer Sources:

No fees for most as long as grant funds are available

Services:

All ages

Contact Information:

Southern IL Office 805 W. Deyoung St. Suite B Marion, IL 62959 Phone: 618-985-1095

Hours of Operation: 8AM - 5PM (M-F)

Call Center Available Afterhours

Contact Information:

4503 W. Deyoung St. Suite C-200 Marion, IL 62959 Phone: 618-998-9898

Hours of Operation:

8AM - 5PM (M-F)

Contact Information:

Central Office Hope Pavilion 5220 S. 6th Street, Suite 2300B Springfield IL 62703 Phone: 217-953-0894 ext. 30477

Hours of Operation: 8:30AM - 4:30PM (M-F)



Health Related Needs

The Autism Program of Illinois (TAP)

tap-illinois.org

Services Provided:

The Autism Program of Illinois serves and supports persons with autism spectrum disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best and promising practices.

Payer Sources:

No fees for most as long as grant funds are available

Services:

All ages

Contact Information:

Central Office Hope Pavilion 5220 S. 6th Street, Suite 2300B Springfield IL 62703 Phone: 217-953-0894

ext. 30477

Hours of Operation: 8:30AM - 4:30PM (M-F)

Center for Autism Spectrum Disorders - SIU

casd.siu.edu

Services Provided:

A multidisciplinary research and training center that provides high quality leadership in the study of autism spectrum disorders. Services include autism screening and diagnostics and clinical services.

Payer Sources:

No fees for most as long as grant funds are available

Services:

All ages

Contact Information: 625 Wham Dr.

Carbondale, IL 62901 Phone: 618-453-7130

Hours of Operation: 8:30AM - 4:30PM (M-F)

Illinois Home Healthcare

Ihcgroup.com

Services Provided:

Offers highly skilled home care professionals under direct supervision of a physician delivering in the comfort of your home: skilled nursing, physical therapy, occupational therapy, pain management, medication management, speech therapy, infusion therapy, chronic disease speech therapy, infusion ther management, fall prevention, etc.

Payer Sources:

Medicare, Private & Long-Term Care Insurance, & Self-Pay

Services:

Individuals 18+ and those who are homebound

Contact Information: 906 Skyline Dr. Suite 200 Marion, IL 62995

Phone: 618-997-6565

Hours of Operation: 8AM - 5PM (M-F) 24 Hour Call Center



Health Related Needs

Lions of Illinois Foundation

lionsofillinoisfoundation.org

Services Provided:

Provides services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments

Payer Sources:

Locates resources to get a reduced cost for eye glasses and hearing aids

Services:

Men, women, and children

Contact Information: 700 N. Peace Rd. Suite B DeKalb, IL 60115 Phone: 815-756-5633 Fax: 815-748-9087

Hours of Operation: 9AM - 2PM (M-F)





Social & Human Services

Housing Assistance

Habitat for Humanity

habitat.org

Services Provided:

Working locally and international whose vision is of a world where everyone has a decent place to live. Habitat works toward this vision by building and improving homes in partnership with individuals and families in need of a decent and affordable place to live. Because of Habitat's no-profit, no-interest loans, and because houses are built principally by volunteers, mortgage payments are affordable for those unable to obtain conventional financing for a home.

Cape Girardeau County:

2365 Rust Ave.

Cape Girardeau, MO 63703

Phone: 573-651-9080

Hours of Operation:

9AM - 5PM (TH/F) 10AM - 2PM (SAT)

Jackson & Union Counties:

93 Lilac Lane PO Box 1064 Carbondale, IL 62903 Phone: 618-713-4958

juchabitat.org

Hours of Operation:

No set office hours. Need to leave a message.

Williamson County

PO Box 754

Marion, IL 62959-0754 Phone: 618-997-3134

habitat-williamsoncounty.org

Hours of Operation:

No set office hours. Need to leave a message.

Housing Authority

hud.gov

Services Provided:

Committed to providing quality, affordable housing, that is decent and safe, to eligible families in the community. Strives to make the month plus a pet security deposit. best use of all available resources so that residents may live in an environment that is clean, well maintained and attractive. The goal is to Men, women, and families. Limited manage public housing units in a that is availability for those with felonies, past consistent with good, financially sound property due rent, or unpaid utility bills. management practices.

Payer Sources:

Rent is dependent on income. To have a pet, there are additional fees each

See Page 38 for a list of Local **Housing Authority Offices**



Social & Human Services

Local Housing Authority Offices

Alexander County

acha734.org 110 Halliday Ave. Cairo, IL 62914

Phone: 618-734-19101

Franklin County

1007 Fairland St. Benton, IL 62812 Phone: 618-439-2601

302 E. Elm St. West Frankfort, IL 62896 Phone: 618-932-2124

Gallatin County

117 W. Wilson Ave. Shawneetown, IL 62984 Phone: 618-269-3080 ext. 0

Hardin County

355 E. Walnut St. Elizabethtown, IL 62931 Phone: 618-287-2786

jacksoncountyhousingauthority.org



Phone: 618-658-58111

Massac County

massaccountyhousingauthority.org

1209 E. 5th St. Metropolis, IL 62960 Phone: 618-524-8411

Perry County

perrycountyhousing.org

120 S Walnut St. Du Quoin, IL 62832 Phone: 618-542-5409

Pope County

popeco-il.com

802 Franklin St. Golconda, IL 62938 Phone: 618-683-4791

Pulaski County

hapulaskico.org

130 Richland Terrace Mounds, IL 62964 Phone: 618-745-6330

Saline County

918 W. Barnett St. Harrisburg, IL 62946 Phone: 618-252-6381

Union County

myucha.com

131 Hillside Terrace Anna, IL 62906 Phone: 618-833-5129

Williamson County

ilwcha.org

300 E. Hickory St. Carterville, IL 62918 Phone: 618-985-2422



Social & Human Services

Support Services & Organizations

Center for Empowerment and Justice

Services Provided:

The Center is a place where individuals from the community can come to share and receive support for their vision of selfempowerment and service to the betterment of the community. The center offers court support, laundry services, bike repair, housing assistance, clothing and other resources, and employment assistance - aims to support those released 9AM - 4PM (M-F) from prison or rehabilitation centers.

Contact Information: 213 N Washington St, Carbondale, IL 62901 Phone: 618-457-2777

Hours of Operation:

NAACP

apcountynaacp.org carbondalenaacp.org

Services Provided:

The mission of the National Association for the Advancement of Colored People is to ensure the political, educational, social, and economic equality of rights of all persons and to eliminate racial hatred and racial discrimination.

Contact Information: 800 Washington Ave. First National Bank Cairo, IL 62914

Phone: 618-734-9188

P.O. Box 3303 Carbondale, IL 62901 Phone: 618-457-7722

Rainbow Cafe LGBTQ Center

rainbowcafe.org

Services Provided:

Rainbow Cafe has served the queer community in Southern Illinois for over 20 years, providing a safe and welcoming environment for those who are lesbian, gay bisexual, trans/gender expansive, queer, intersex, asexual, or questioning their orientation and/or gender identity, and their friends and family, by creating a space in which they are affirmed and offered non-judgmental support and access to personal, community, spiritual, and health resources.

Contact Information:

118 N. Illinois Ave. Carbondale, IL 62901 Phone: 618-525-9922

Hours of Operation:

6PM - 8PM (W) 7PM - 10PM (F) 6PM - 10PM (SAT)

Massac County Drug Awareness Coalition

massacdrugawareness.com

Services Provided:

provides leadership, education, and resources to build and sustain communities of knowledgeable citizens, particularly the youth in our community, who make healthy and safe choices by reducing substance abuse.

Contact Information: 506 Market St.

Metropolis, IL 62960 Phone: 618-524-1393

Inpatient psychiatric care is the most intensive level of treatment for individuals with mental illness. It offers 24-hour care in a safe and secure facility, making it best for patients with severe mental health who require constant monitoring. Some locations offer partial hospitalization options.

Advocate Medical Center

advocatehealth.com

Services Provided:

Offers comprehensive psychological services to help you cope with life's challenges. Experts provide assessment, testing, medication management, and inpatient adult care. Each treatment program is completely individualized, with the goal of providing compassionate care through services structured to support the patient's prompt, successful return home.

Payer Sources:

Medicaid, Medicare, Private Insurance, Sliding Scale Fees, and Self-Pay

Contact Information:

1304 Franklin Ave. Normal, IL 61761

Phone: 800-3-ADVOCATE

Hours of Operation:

8AM - 5PM (M-F) Call Center Available Afterhours

Services:

Adults 18+

Blessings Hospital System

blessinghealth.org

Services Provided:

Provide inpatient treatment for adults coping with emotional, behavioral and mental health. Adult Psychiatric Services (APS) is a 16 bed, secure, inpatient behavioral health unit to treat adults with chronic mental illness who may be in crisis and need stabilization and treatment. Behavioral Medicine Services (BMS) is 10 bed unit to treat adults for depression, anxiety, grief and other issues with which they are struggling to cope.

Payer Sources:

Medicaid, Medicare, Private Insurance, Sliding Scale Fees, and Self-Pay

Contact Information:

1005 Broadway St. Quincy, IL 62301 Phone: 217-223-1200 Ask for Inpatient Behavioral Health Intake

Hours of Operation:

Open 24/7 for Evaluation

Services:

Adults 18+

Choate Mental Health & Development Center

Services Provided:

Offers a variety of services including: psychiatric, psychological, medical/physical, social, educational, vocational/rehabilitation, recreational, speech, language/hearing, pharmacy, dental, and more.

Payer Sources:

Medicaid, Medicare, and most insurances

Contact Information:

1000 N. Main St. Anna, IL 62906 Phone: 618-833-5161

Hours of Operation:

Open 24/7 for Evaluation

Services:

Adults ages 19 to 75

Degconess Cross Pointe

deaconness.com

Services Provided:

Develops a plan of care to stabilize the symptoms that led to hospitalization and creates a path to partial hospitalization, outpatient programs, or discharge.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Adults 18 and older

Gateway Regional Medical Center gatewayregional.net

Services Provided:

Psychiatric adult and geriatric unit offering cognitive and dialectical behavior therapies, couples/family/individual therapy, medication management, etc.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information: 7200 E. Indiana St.

Evansville, IL 47715 Phone: 812-476-7200 Toll Free: 800-947-6789

Open 24 hours for evaluation

Contact Information:

Resource Center 2100 Madison Ave. Granite City, IL 62040 Phone: 618-798-3000

Open 24 hours for evaluation

Harrisburg Medical Center - Mulberry Center

harrisburgmc.com

Services Provided:

Offers quality psychiatric care in an environment where comprehensive medical care is available.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information:

100 Dr. Warren Dr. Harrisburg, IL 62946 Phone: 618-253-7671 Referrals: 618-252-0999

Open 24 hours for evaluation

Harsha Behavioral Center

harshacenter.com

Services Provided:

Offers acute inpatient psychiatric hospital that provides crisis treatment and medication management.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Adults 18 and older including geriatrics

Contact Information:

1980 E. Woodsmall Dr. Terre Haute, IN 47802 Phone: 812-298-8888 Fax: 812-231-5283

Open 24 hours for evaluation

Mercy Health - Lourde's Hospital

mercy.com

Services Provided:

Offers quality psychiatric care in an environment where comprehensive medical care is available.

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services:

Adults 18 and older

Contact Information: 1530 Lone Oak Rd. Lourdes Hospital, Sixth floor Paducah, KY 42003

Phone: 270-444-2250

Open 24 hours for evaluation

The Pavilion

pavilionhospital.com

Services Provided:

Acute adult and senior inpatient care, partial hospitalization programs, residential programs, addiction treatment services and intensive outpatient programs

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services:

Adults 18 and older

Contact Information:

809 W. Church St. Champaign, IL 61820 Phone: 217-373-1700 Toll-Free: 800-373-1700

Fax: 217-373-1737

Open 24 hours for evaluation

Presence Covenant Medical Center - OSF Healthcare

osfhealthcare.org

Services Provided:

Offers quality psychiatric care for adults at risk of harm to themselves or others. Provides linkage with outpatient services upon discharge to stabilize symptoms.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information:

1400 W. Park St. Urbana, IL 61801 Phone: 217-337-2130 Fax: 217-337-2745

Open 24 hours for evaluation

Southeast Behavioral Health Center

southeastbehavioral.com

Services Provided:

Provides an adult inpatient program that specializes in depression, bipolar disorder, anxiety and other mood disorders. Offers treatment for patients who struggle with co-occurring MH and SU disorders.

Payer Sources:

IL Medicaid, Medicare, and most insurances

639 S. Silver Springs Rd. Cape Girardeau, MO 63703 Phone: 573-708-5000

Ask for admissions

Contact Information:

Open 24 hours for evaluation

Services:

Adults 18 and older including geriatrics

St. Mary's Hospital

ssmhealth.com

Services Provided:

Offers inpatient psychiatric services including medical monitoring and social work

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services:

Adults 18 and older including geriatrics

Contact Information: 400 N. Pleasant St.

Centralia, IL 62801 Phone: 618-436-8000

Open 24 hours for evaluation

Touchette Regional Hospital

touchette.org

Services Provided:

Our inpatient services are for individuals age 18 and older who need an intensive level of care and a safe treatment environment to reintegrate into their family life and community. Whether clients have medical issues related to aging, problems coping with the day-to-day stresses of life, or a major mental illness that's intruding into their lives, treatment plans are personalized to address their goals and objectives.

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services

Adults 18 and older including geriatrics

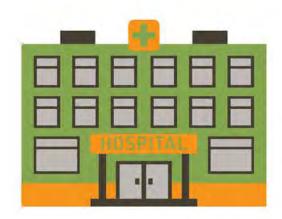
Contact Information:

5900 Bond Avenue, Centreville, IL 62207 Phone: 618-332-3060

Fax: 618-332-5256

Open 24 hours for evaluation





Mental Health Inpatient - Youth

Acute youth inpatient psychiatric treatment provides crisis stabilization for children and adolescents who may benefit from consistent care in a secure therapeutic environment.

Deaconess Cross Pointe

deaconness.com

Services Provided:

Develops a plan of care to stabilize the symptoms that led to hospitalization and creates a path to partial hospitalization, outpatient programs, or discharge.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Youth ages 10 to 17

Contact Information:

7200 E. Indiana St. Evansville, IL 47715 Phone: 812-476-7200 Toll Free: 800-947-6789

Open 24 hours for evaluation

Harsha Behavioral Center

harshacenter.com

Services Provided:

Offers acute inpatient psychiatric hospital that provides crisis treatment and medication management.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services

Youth starting at age 3

Contact Information:

1980 E. Woodsmall Dr. Terre Haute, IN 47802 Phone: 812-298-8888

Fax: 812-231-5283

Open 24 hours for evaluation

Lincoln Prairie Behavioral Center

lincolnprairiebhc.com

Services Provided:

Offers a number of mental health treatment programs and a full continuum of care including inpatient, partial hospitalization, and dual diagnosis (MISA).

Payer Sources:

IL Medicaid, Medicare, most insurances, and self-pay

Services:

Youth starting at age 3

Contact Information:

5230 S. Sixth Rd. Springfield, IL 62703 Phone: 217-585-1180

Phone: 217-585-1180 Fax: 217-585-4745

Toll Free: 888-501-1180

Open 24 hours for evaluation



Mental Health Inpatient - Youth

Southeast Behavioral Health Center

southeastbehavioral.com

Services Provided:

Offers inpatient care for adolescents who struggle at home and school due to an acute mental health disorder or co-occurring substance use issue. Inpatient treatment provides a structured and supportive treatment environment, which promotes self-acceptance and helps young patients stabilize so they can return home or to a less intensive level of care with new coping skills.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Youth ages 13 to 17

Contact Information: 639 S. Silver Springs Rd. Cape Girardeau, MO 63703

Cape Girardeau, MO 63703 Phone: 573-708-5000 Ask for admissions

Open 24 hours for evaluation

Streamwood Behavioral Healthcare System streamwoodhospital.com

Services Provided:

Offers acute inpatient psychiatric hospital that provides crisis treatment and medication management.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Youth starting at age 3

Contact Information:

1400 East Irving Park Rd. Streamwood, IL 60107 Phone: 630-837-9000

Open 24 hours for evaluation



Mental Health **Outpatient Centers**

Outpatient services are provided to treat behavioral health disorders and serious mental illness. Many services can be provided in office, in the community, and some through telehealth formats.

Arrowleaf myarrowleaf.org

Services Provided:

Offers adult and youth outpatient and crisis intervention that covers a wide range of services that address the holistic needs of the person, their natural environment, relationships, and support systems.

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Youth ages 3-17, adults, families, and caregivers

Hours of Operation: 8:30AM - 4:30PM (M-F)

24/7 Crisis Line: 618-658-2611

Alexander County Office

1401 Washington Ave. Cairo, IL 62914 Phone: 618-734-2665 Fax: 618-734-1999

Hardin County Office 147 N. Main St. Elizabethtown, IL 62931 Phone: 618-287-7010

Fax: 618-287-7016

Johnson County Offices

101 Oliver St. Vienna, IL 62995 Phone: 618-658-3079 Fax: 618-658-2501

300 Redbud Ln. Vienna, IL 62995 Phone: 618-658-3079 Fax: 618-658-2759

Pope County Office 125 N. Market St. PO Box 759 Golconda, IL 62938 Phone: 618-683-2461 Fax: 618-683-2066

Union County Office 204 South St. Anna, IL 62906 Phone: 618-658-3079

Additional locations available

Carbondale Counseling Associates

carbondalecounseling.com

Services Provided:

Utilizes creative, innovative, and individualized approaches to therapy which makes therapy a fun and relaxing experience, while still contributing to personal growth and change. Assists you and/or your children to navigate the struggles of childhood, adolescence, and adulthood. Whether an ongoing issue such as autism or mental illness, or an acute issue like a recent trauma or loss, we are honored to be a part of your healing and wellness journey.

Payer Sources:

Most private insurances including HealthAlliance, Blue Cross Blue Shield, Cigna, and United Healthcare. Self-Pay.

Services:

Contact Information:

PO Box 2625 209 W. Commercial Dr. #H PO Box 2625 Carterville, IL 62918

Phone: 618-351-9701

Hours of Operation: 9AM - 8PM (M-TH)



Mental Health **Outpatient Centers**

Centerstone

centerstone.org

Services Provided:

A not-for-profit mental health care provider that provides emotional counseling, behavioral counseling, psychological care, drug and alcohol addiction treatment

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Youth and adults

24/7 Crisis Line: 855-985-0911

Contact Information: Administrative Office 200 N. Emerald Ln. Carbondale, IL 62901

Multiple Sites Available

Initial Appointments:

855-608-3560 Fax: 618-549-3734

Hours of Operation: 9:00AM - 5:00PM (M-F)

Egyptian Mental Health

egyptian.org

Services Provided:

Multiple youth and adult outpatient services. Offers fullservice, outpatient treatment programs for adults of any age who are facing depression, anxiety, or other mental health concerns.

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Youth and adults

Contact Information:

Main Office 1412 US 45N

Eldorado, IL 62930 Phone: 618-273-3326 Fax: 618-273-2808

Multiple Sites Available

Hours of Operation:

8AM - 5PM (M/W/F) 8AM - 8PM (T/TH)

Harrisburg Medical Center - Behavioral Health

harrisburgmc.com

Services Provided:

Offers diagnostic interviews, psychiatric consultations, medication management, psychological testing and assessments, and behavioral therapy.

Adults, youth ages 6+

Hours of Operation: 8:30AM - 4PM (M-F)

Payer Sources:

Medicare, Medicaid, Private Insurance, Grants, Self-Pay, and Payment Plans

Contact Information:

HMC Clinic at

Harrisburg

901 S. Commercial St. Phone: 618-252-0411

Fax: 618-252-3246

HMC Clinic at Marion 3106 Outer Dr.

Marion, IL 62959 Phone: 618-997-4332

Fax: 618-997-6205

Eldorado Primary Care 1007 Route 45N Eldorado, IL 62930 Phone: 618-273-7723

Fax: 618-252-4027





Mental Health **Outpatient Centers**

Massac Mental Health

mcmhc.com

Services Provided:

Offers individual and group counseling, marriage and family counseling, consumer support group and individual, crisis intervention, etc.

Payer Sources:

Medicaid, Private Insurance, and Self-Pay

Services: All ages

24/7 Crisis Line: 618-524-9368

Contact Information:

206 W. Fifth St. Metropolis, IL 62960 Phone: 800-851-1251 Fax: 618-524-9551

Hours of Operation: 8:00AM - 5:00PM (M-F) Tuesday Evenings by Appointment

Rural Health, Inc.

ruralhealthinc.org

Services Provided:

Offers outpatient behavioral health counseling with licensed professionals and provides psychiatric services.

Payer Sources:

Medicaid. Medicare, Private Insurance, Sliding Fee, Discounts

Youth and adults

Anna Location 513 N. Main St. Anna, IL 62906 Phone: 618-833-4471 Fax: 618-833-6267

Vienna Location 803 N. 1st St. Vienna, IL 62995 Phone: 618-658-2811

Fax: 618-658-2439

Metropolis Location 1003 E. 5th St. Metropolis, IL 62960 Phone: 628-524-7499 Fax: 618-524-7509

Contact Information: Hours of Operation:

8:30AM - 5PM (M/W/F) 8:30AM - 8PM (T/TH) 8AM - 2PM (SAT)

<u>Metropolis</u> 8:30AM - 5PM (M, W-F) 8:30AM - 8PM (T)

Vienna 8:30AM - 5PM(M, W-F) 8:30AM - 8PM (T)

Two Rivers Child Advocacy Center

tworiverscac.org

Services Provided:

Designed to coordinate a multi-disciplinary approach to the investigation and prosecution of child abuse, while keeping the child victim the priority. Provides follow-up care and support to children and their families, as well as community education. Referral has been given through State's Attorney, law enforcement, or DCFS.

Youth who have experienced childhood abuse

Payer Sources:

No Fees

Contact Information: 109 Denny Dr.

Anna, IL 62906 Phone: 618-833-7470 Fax: 618-833-7579

Hours of Operation: 8:30AM - 4PM (M-F)



Prevention, intervention, treatment and recovery support services for individuals with Substance Use Disorders, those in recovery and those at-risk.

Outpatient Services

Arrowleaf myarrowleaf.org

Services Provided:

Substance Abuse Prevention and Recovery (SUPR): for individuals who have a psychoactive substance use disorder diagnosis or individuals who have a family member or significant other who has a substance use problem. Special consent needed for youth under 12 years of age. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services: Ages 12+

Hours of Operation: 8:30AM - 4:30PM (M-F)

24/7 Crisis Line: 618-658-2611

Alexander County Office 1401 Washington Ave. Cairo, IL 62914 Phone: 618-734-2665 Fax: 618-734-1999

Johnson County Office 300 Redbud Ln. Vienna, IL 62995 Phone: 618-658-3079 Fax: 618-658-2759

Union County Office 204 South St. Anna, IL 62906 Phone: 618-658-3079

Additional locations available

Centerstone

centerstone.org

Services Provided:

A not-for-profit mental health care provider that provides emotional counseling, behavioral counseling, psychological care, drug and alcohol addiction treatment

Payer Sources:

Medicare, Medicaid, Private Insurance, State SUPR Contract, Sliding Fee, Discounts

Services:

Youth and adults

24/7 Crisis Line: 855-985-0911

Contact Information: Administrative Office 200 N. Emerald Ln. Carbondale, IL 62901

Multiple Sites Available

Initial Appointments: 855-608-3560 Fax: 618-549-3734

Hours of Operation: 9:00AM - 5:00PM (M-F)

Outpatient Services

Christopher Rural Health

crhpc.org

Services Provided:

In collaboration with Egyptian Health Department, offers Medication Assisted Treatment (MAT) for those with alcohol and opioid substance use disorders.

Payer Sources:

Medicaid, Medicare, Private Insurance, Sliding Fee, Discounts

Services:

Adults

Contact Information:

1401 US Hwy 45 N Eldorado, IL 62930 Phone: 618-273-2951 Fax: 618-273-2726

Hours of Operation: 7:30AM - 5PM (M-F)

Community Health & Emergency Services (CHESI)

chesi.org

Services Provided:

Alcohol/Substance Abuse Prevention, Outpatient Treatment, and Outpatient Intensive Treatment

Payer Sources:

Medicaid, Private Insurance, SUPR Contract, and Self-Pay

Services:

Adolescents and adults

Contact Information:

Cairo Megaclinic 13245 Kessler Road Cairo, IL 62914 Hours: 8AM - 6PM (M) 8AM - 5PM (T-F)

Cedar Court Clinic 1340 Cedar Court Carbondale, IL 62901

Phone: 618-457-3862 Hours: 8AM - 5PM (M-F)

Hardin County Medical IL Route 146 Building 2 Elizabethtown, IL 62931

Phone: 618-285-6833 Hours: 8:30AM - 5PM (T/TH)

<u>Pope County Clinic</u> 217 S. Adams

Golconda, IL 62938 Phone: 618-683-3781

Hours: 8:30AM - 5PM (M/W/F)

Harrisburg Community Health Center

205 North Main Street Harrisburg, IL 62946 Phone: 618-253-8450

Hours: 8:30AM - 5PM (M-F)

Pulaski Clinic 100 Market Street Pulaski, IL 62976

Phone: 618-342-6767 Hours: 9AM - 5PM (W)

Tamms Community Health

<u>Center</u> 290 Railroad Street

Tamms, IL 62988 Phone: 618-747-2391

Hours: 9AM - 5PM (M-TH)



Outpatient Services

Egyptian Health Department egyptian.org

Services Provided:

To assist those that are experiencing increased stress or consequences in life due to, or increased by, substance use disorders by offering comprehensive assessments and personalized treatment plans that help individuals understand and manage their addition with the help of an interdisciplinary team providing counseling services. Special consent for youth under 12 years old. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, Grant Funding, and Self-Pay

Services:

Youth 12+ and adults

Contact Information:

Main Office 1412 US 45N Eldorado, IL 62930 Phone: 618-273-3326 Fax: 618-273-2808

Multiple Sites Available

Hours of Operation: 8AM - 5PM (M/W/F) 8AM - 8PM (T/TH)

The Hour House

hourhouserecovery.org

Services Provided:

Offers Alcohol/Substance Abuse Prevention and Illinois SUPR Outpatient Treatment & Outpatient Intensive Treatment. Special consent needed for youth under 12 years of age. Level I & Il Outpatient care.

Payer Sources:

Private Insurance, Medicaid, Grant Funding, and Self-Pay

Services:

Youth 12+ and adults

Contact Information: 635 Division St.

Charleston, IL 61920 Phone: 217-348-8108

Hours of Operation: Services available 24/7

Multiple Sites Available

Massac County Mental Health Center

mcmhc.org

Services Provided:

For individuals who have a psychoactive substance use disorder diagnosis or individuals who have a family member/significant other who has a substance use problem. Special consent needed for youth under 12 years of age. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, Grant Funding, and Self-Pay

Services:

Youth 12+ and adults

Contact Information:

206 W. Fifth St. Metropolis, IL 62960 Phone: 800-851-1251 Crisis Line: 618-524-9368 Fax: 618-524-9551

Hours of Operation: 8AM-5PM (M-F) Tuesday Evening by Appointment

Outpatient Services

New Season: Cape Girardeau Metro Treatment Center newseason.com

Services Provided:

Provides opioid addiction treatment and recovery in the following: Medication Assisted Treatment (MAT), Counseling (individual, group, and family), medically supervised withdrawal and outpatient services. MAT medications are only available within the facility.

Payer Sources:

No fees for medical and counseling services. Client is only responsible for in-house medication costs. No insurance accepted.

Services:

Adults

Contact Information:

760. S. Kingshighway Suite F Cape Girardeau, MO 63703

New Patients Phone: 877-284-7074

Existing Patients Phone: 573-335-4333

Fax: 573-335-4345

Hours of Operation: 5:15AM - 1:30PM (M-F) 6AM - 9AM (SAT) 6AM - 8AM (Holidays)

The WISH (Women & Infants Substance Help) Center

ssmhealth.com

Services Provided:

Located on the campus of SSM Health St. Mary's Hospital in St. Louis, the WISH Center's multidisciplinary team offers MAT and a full two-year program that extends care for new moms after the baby is born when the risk of relapse is the greatest.

Payer Sources:

Illinois Medicaid including Managed Care and accepts most private insurances

Pregnant women with substance use disorder

Contact Information: 1035 Bellevue Ave.

Suite #205 St. Louis, MO 63117

Phone: 314-768-8230

Hours of Operation: 8AM-4PM (M-TH)



Residential/Inpatient Services

Brentwood Springs

brentwoodsprings.com

Services Provided:

4-bed facility offering outpatient and inpatient services including medically assisted detox and therapeutic interventions for substance use disorders. Includes virtual intensive outpatient for teens.

Payer Sources:

Indiana Medicaid, Medicare, Most Private Insurances

Services:

Adults & adolescents

Contact Information: 4488 Roslin Rd. Newburgh, IN 47630 Phone: 812-641-8645

812-858-7200

Hours of Operation: Open 24 Hours

CenterPointe Hospital

centerpointehospital.com

Services Provided:

Addiction treatment offering a full continuum of care: detoxification, 4-week residential treatment, dual diagnosis, outpatient program/partial hospitalization, medication-assisted recovery, family services, and aftercare

Payer Sources:

Medicare and accepts most commercial insurance

Pregnant women with substance use disorder

Contact Information:

4801 Weldon Spring Pkwy St. Charles, MO 63304 Toll Free: 800-345-5407

Admissions: 636-477-2136

Hours of Operation: Open 24 Hours

Centerstone Fellowship House Campus centerstone.org

Services Provided:

Offers an array of services including Substance Use Prevention, Adult Inpatient/Outpatient Treatment, Detox Center, Adolescent Outpatient and Family Program. Services include assessment, referral, education, and individual and family counseling as well as provides alcohol and drug education, communication skills, introduction to Al-anon, codependency, and other relevant information for family/significant others affected by substance use

Payer Sources:

Medicaid, State SUPR Grant

Contact Information: 800 N. Main St.

Anna, IL 62906 Phone: 877-467-3123

Hours of Operation: Services available 24/7

Services:

Detox Center: Men/Women 18+ Adult Inpatient: Only Men 18+



Residential/Inpatient Services

Chesnut Health Systems

chesnut.org

Services Provided:

Comprised of the following four core service areas: substance use treatment and prevention; mental health treatment and housing for persons with mental illness; applied behavioral research, training, and publications; primary care treatment and preventive services.

Payer Sources:

Medicaid, SUPR Contract

Contact Information:

12 N. 64th St. Belleville, IL 62223 Phone: 618-397-0900

50 N. Gate Industrial Dr. Granite City, IL 62040 Phone:618-877-4420

Detox Center Open 24 Hours

Comprehensive Connections

compconnect.org

Services Provided:

Offers non-medical, medically monitored detox services and provides transportation to and from detox in 18 counties of Southern Illinois in addition to offering residential and outpatient treatment.

Payer Sources:

Medicaid

Services:

Adults that are a resident of Illinois. Proof of residency required.

Contact Information:

16338 N. IL Hwy 37 Mt. Vernon, IL 62864 Phone: 618-242-1510

Detox/Residential Option 4 Outpatient Option 3

Hours of Operation: 8:30AM - 4:30PM (M-F)

Detox Center Open 24 Hours

Gateway Foundation Drug and Alcohol Treatment

gatewayfoundation.org

Services Provided:

Offering a dual diagnosis treatment center to help those struggling with both addition and mental illness. Multiple residential age groups. Includes the new Women's Trauma and Substance Use Disorder Program.

Payer Sources:

Medicaid, Some Private Insurance, Payment Plans, and State SUPR Contract

Services:

Adults & adolescents

Contact Information: 1080 E. Park St.

Carbondale, IL 62901 Phone: 877-381-6538 or 618-319-7523

Hours of Operation: Services available 24/7

Residential/Inpatient Services

The Pavilion

pavilionhospital.com

Services Provided:

Based on the 12-step model, addiction treatment includes inpatient medical detoxification to help patients manage the acute withdrawal, dual diagnosis treatment for those struggling with substance abuse and mental health issues, and residential or partial hospitalization treatment.

Payer Sources:

Medicaid, Medicaid Managed Care, State Contract, and Most Private Insurances

Services:

Youth (12+) & Adults

Contact Information:

809 W. Church St. Champaign, IL 61820 Toll Free: 800-373-1700 Local: 217-373-1700

Hours of Operation:

Free assessments available 24/7

Union County Hospital

unioncountyhospital.com

Services Provided:

Detox: inpatient medical stabilization & withdrawal management services for adults with drug, alcohol, and related health issues. Can be admitted through the Emergency Room 24 hours a day.

Payer Sources:

Medicaid, Medicare, and Private Insurance

Services:

Adults

Contact Information:

517 N. Main St. Anna, IL 62906 Phone: 618-833-4511

Hours of Operation:

8AM-5PM (M-F)





Family & Recovery Support Groups

Recovery-oriented care and recovery support systems help people with substance use disorders manage their conditions successfully.

Hardin County

Hardin County Gargoyle TUES @ 7PM

United Methodist Church 303 Fifth St. Rosiclare, IL 62982

Phone: 618-285-6914

Jackson County

Here's How Group M/T/TH @ 12PM

Gaia House of Interfaith Center 913 S. Illinois Ave. Carbondale, IL 62901 Phone: 618-549-7387

The Turning Point Group

TUES @ 5:30PM

Southern Illinois Center for Independent Living 2135 W. Ramada Ln. Carbondale, IL 62901 Phone: 618-457-3318

A New Way to Fly Group WED @ 7PM

Murphysboro Group

SAT @ 10AM

United Methodist Church 1500 Pine St.

Jackson County (cont.)

Wednesday Wonder's Men's Group

WED @ 7:30PM

First Presbyterian Church 310 S. University Ave. Carbondale, IL 62901 Phone: 618-549-2148

Keep It Simple Sister's (Women)

THURS @ 6PM

St. Xavier Catholic Church 303 S. Poplar St. Carbondale, IL 62901 Phone: 618-457-4556

Miracles Do Happen Group

THURS @ 6:30PM The View Church 725 S. Lewis Ln. Carbondale, IL 62901 Phone: 618-351-0811

The Wesley Foundation FRI @ 8PM

816 S. Illinois Ave. Carbondale, IL 62901 Phone: 618-457-8165

St. Francis Xavier Church

TUES @ 7:30PM 303 S. Poplar St. Carbondale, IL 62901 Phone: 618-457-4556

The Potter's Group

SUN @ 2PM

First Baptist Church 206 2nd St. Grand Tower, IL 62942 Phone: 618-565-2527

Park Street Meeting MON @ 7PM

Gateway Foundation 1080 E. Park St. Carbondale, IL 62901

Johnson County

The Renegades Group

MON @ 7PM

First Baptist Church 608 W. Main Street Goreville, IL

Phone: 618-995-2127

There Is A Solution Group

WED @ 6PM Vienna Group

THURS @ 7PM

U of I Extension Building 208 Main St.

Vienna, IL 62995 Phone: 618-658-5321

Pope County

Golden Circle Office

TUES @ 7PM

217 Adams St. Golconda, IL 62938

Phone: 618-253-9163 Phone: 618-979-1099

Arrowleaf

MON @ 6PM

125 N. Market St. Golconda, IL 62938

Phone: 618-658-3079

Saline County

First Presbyterian Church Annex "Harrisburg AFG"

SUN - FRI @ 7PM W/F @ 11:00AM

21 W. Locust

Harrisburg, IL 62946 Phone: 618-253-8955

Union County

Anna Downtown "G.H." Group MON @ 7:00PM

Glum Lot We're Not Group FRI @ 7PM

First Evangelical Presbyterian Church 315 South St. Anna, IL 62906

Phone: 618-833-5225





Family & Recovery Support Groups

Williamson County

Carterville Lions Club

SUN @ 5PM & 7PM 300 E Illinois Ave. Carterville, IL 62918 Phone: 618-985-6868

Fellowship in Christ Church

SAT @ 6PM 1204 Pin Oak Dr. Carterville, IL 62918 Phone: 618-967-9575

First United Methodist Church

MON @ 7PM 301 Pine St. Carterville, IL 62918 Phone: 618-985-4511

Little Egypt Satellite Group THURS @ 7PM

Helen Honey's Building 808 E. Herrin St. Herrin, IL 62948 Phone: 618-988-8178

Little Egypt Group

TUES @ 7PM First Presbyterian Church 421 N. 14th St.Herrin, IL 62948 Phone: 618-942-6176

Herrin Church of Christ

FRI @ 6PM 3101 S. Park St. Herrin, IL 62948 Phone: 618-942-3413

First Christian Church

WED @ 7:30PM 2804 S. Park St. Herrin, IL 62948 Phone: 618-942-2955

Herrin House of Hope

SAT @ 11AM 112 N. 14th St. Herrin, IL 62948 Phone: 618-942-8500

Little Egypt Satellite Group

SUN @ 9:30AM Herrin Hospital 201 S. 14th St. Herrin, IL 62948 Phone:618-942-2171

Marion Friendship Group

WED @ 8PM Marion VA Medical Center 2401 W. Main St. Marion, IL 62959 Phone: 618-997-5311

Friendship Group SUN @ 9AM

Boyton Street Community Center 501 West Boyton St. Marion, IL 62959 Phone: 618-997-1113

The Stable of the Darkhorse

THURS @ 10:30AM 210 E. Union St. Marion, IL 62959 Phone: 618-969-7275

First United Methodist Church

M/TH @ 7PM 208 W. Main St. Marion, IL 62959 Phone: 618-993-5421 *Note* Use rear entrance to basement

Twelve by Twelve Study Group

Incommon Group FRI @ 7PM SOS- Serenity on Saturday SAT @ 7PM

First United Methodist Church 208 West Main St. Marion, IL 62959 Phone: 618-993-5421







Family & Recovery Support Groups

Al-Anon | (al-anon.org)

A group for family members/ friends concerned about a loved one's substance use. Provides an opportunity to learn from the experiences of others who have faced similar problems.

Jackson County

"Stepping Stones AFG" WED @ 7PM 1618 Edith Street Murphysboro, IL 62966

Phone: 618-687-2317 *Use door off of back parking lot-room 105

Saline County

First Presbyterian Church Annex "Harrisburg AFG" THURS @ 11AM 21 West Locust

Harrisburg, IL 62946 Phone: 618-253-8955

Williamson County

"Steps to Serenity AFG"

SUN @ 7PM

303 South Poplar Street Carbondale, IL 62901 Phone: 618-457-4556

St. Francis Xavier Church First Presbyterian Church "Little Egypt AFG" TUES @ 8PM

421 North 14th Street Herrin, IL 62948 Phone: 618-942-6176

Gamblers Anonymous

gamblersanonymous.org/ga/ 12 step recovery program for individuals with gambling problems.

Iackson County United Methodist Church

THURS @ 6PM 1500 Pine St.

Murphysboro, IL 62966 Phone: 618-687-2317

Massac County First United Methodist THURS @ 6PM

100 E. 5th St. Metropolis, IL 62960 Phone: 618-524-9325

SMART Recovery

smartrecoverytest.org/local Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery.

> Harrisburg Library WED @ 2PM THURS @ 6PM 2 West Walnut Street Harrisburg, IL 62946 Phone: 618-638-8747

Saline County

Celebrate Recovery

www.celebraterecovery.com Christian-based 12 step recovery program. Uses 8 recovery principles found in the Bible. Membership of the church not required.

Saline County Harrisburg First Baptist FRI @ 7PM

204 N. Main St. Harrisburg, IL 62946 Phone: 618-252-7491

Williamson County Christian Covenant Fellowship

SAT @ 6PM

1025 S. Division St. Carterville, IL 62918 Phone: 618-985-4011

Cornerstone Church

WED @ 6:30PM 2705 Walton Way Marion, IL 62959 Phone: 618-997-7884

Including short-term and long-term shelter assistance for individuals experiencing homelessness or fleeing from domestic violence. Provides abuse survivors and their children/families with immediate protection from danger and safe, emergency shelter and longer term transitional housing.

Bethany Village

Services Provided:

20-unit Bethany Village Transitions Apartments offer temporary and permanent, supportive housing, and assistance in transitioning from homelessness to homes. Families may stay in the transition by single families. months or permanent supportive housing indefinitely. The Transitions Residency Program is highly structured, providing life-skills training, job training, work service, educational opportunities, and case management.

Payer Sources:

Housing cost at 30% of income if someone has income

Services:

Women, men, and children. No couples.

Cairo Women's Shelter

Services Provided:

Offers emergency shelter, adult domestic violence counseling, assistance in obtaining orders of protection, children's counseling, assisting in independent living and provides transportation and referrals.

24/7 Crisis Line: 618-734-4357

Payer Sources:

No fees

Men, women, and adults with

children (up to 17 years of age

Contact Information:

414 E. Davie St. Anna, IL 62906 Phone: 618-833-1777 Fax: 618-833-1610

Hours of Operation: 9AM-12PM & 1PM - 4PM (M-F)

Contact Information:

911 Cedar St. PO Box 911 Cairo, IL 62914 Phone: 618-734-4357

Hours of Operation: 8:30AM - 5PM (M-F)

Crisis line available 24/7

Carbondale Warming Center

cwcentered.org

Services Provided:

Connects individuals in crisis to resources to meet their immediate physical and/or financial needs. Provides shelter to those in need and connects indiviudals to long-term support services.

Payer Sources:

No fees

Services:

Women, men, and children.

Contact Information: 608 E. College St. Carbondale, IL 62901 Phone: 314-312-2539

Hours of Operation: Shelter available 24/7

Christian Community Compassion Center (4Cs)

4cshbg.org

Services Provided:

Connects individuals in crisis to resources to meet their immediate physical and/or financial needs. Provides a food pantry and homeless shelter to those in need.

Payer Sources:

No fees

Services:

Women, men, and children. No couples.

Contact Information:

632 N. Jackson St., Harrisburg, IL 62946 Phone: 618-252-2374

Hours of Operation:

8AM-4PM (M-F)

Good Samaritan

goodsamcarbondale.com

Services Provided:

Provides an emergency shelter, a transitional housing program, a soup kitchen, a food pantry, and an emergency assistance program. Testing positive for drugs and alcohol disqualifies admission.

Payer Sources:

No fees.

Services:

Women, men, and children.

Contact Information:

701 S. Marion St. Carbondale, IL 62901 Phone: 618-457-5794 Fax: 618-549-5138

Hours of Operation:

9AM - 5PM (M-F)

Shelter is operational 24/7

Guardian Family Services

Services Provided:

Offers referrals for general assistance and domestic violence counseling along with assisting in obtaining orders of protection. Provides emergency shelter.

Payer Sources:

No fees

Women, Men, and Children. Shelter only accepts women and children.

Contact Information:

<u>Hardin County Office</u> 147 N. Main St.

Elizabethtown, IL 62931 Phone: 618-638-3447

Massac County Office 117 W. 10th St.

Metropolis, IL 62960 Phone: 618-524-4357

<u>Pope County Office</u> 125 N. Market St.

Golconda, IL 62938 Phone: 618-638-3447

Hours of Operation:

Open 24 hours





Lifeboat Alliance

lifeboatalliance.org

Services Provided:

Connects individuals in crisis to resources to meet their immediate physical and/or financial needs. Provides immediate shelter for those in need. Connects individuals to caseworkers daily and provides transportation for job interviews, work and medical appointments. Three meals a day are provided as well as access to a fully equipped laundry room.

Contact Information: 1717 Jefferson Ave. Mt Vernon, IL 62864 Phone: 618-244-4088

Hours of Operation: Shelter operational 24/7

Payer Sources:

Services:

No fees

Women, men, and children.

The Lighthouse Shelter thelighthouseshelter.com

Services Provided:

Serves homeless as a faith-based organization dedicated to promoting the general welfare of the homeless in Southern Illinois. The shelter has three wings which serve up to 60 men, women, and families that can stay up to 30 days or later on a case-by-case basis. Drug and alcohol tests and background checks are required. May accept those with felonies.

Payer Sources:

Services:

No fees.

Women, men, and children.

Contact Information: 1101 N. Madison St.

PO Box 732 Marion, IL 62959 Phone: 618-993-8180

Fax: 618-997-3625

Hours of Operation: 8AM - 3PM (M-F) Shelter Open 24/7

Intakes may be provided during the weekend for domestic violence cases.

Merryman House - Domestic Crisis Center

merrymanhouse.org

Services Provided:

36-bed emergency shelter, a central administration/counseling and dining area, and an outreach and counseling services building. Committed to improving the lives of those affected by domestic violence the wink of domestic violence the wink of domestic violence the wink of domestic violence. from the risk of death and serious physical injury, provide food and shelter, support them in court, and help them become financially stable and visibly strong

Contact Information:

PO Box 98 Paducah, KY 42002 Phone: 618-244-4088

Hours of Operation: Shelter operational 24/7

Payer Sources:

Services:

No fees

Women, men, and families

The Night's Shield

thenightsshield.org

Services Provided:

The Night's Shield has been committed to providing a West Frankfort, IL 628 safe haven for children in need. Provides immediate Phone: 618-932-6400 shelter to those in crisis as well as transitional youth services. In addition, we have helped provide food, Hours of Operation: clothing, formula, diapers and other household needs to Shelter operational 24/7 families in crisis within our local communities.

Contact Information: 301 E. Garland St. West Frankfort, IL 62896

Payer Sources:

No fees

Youth and young adults ages 12 - 24. Women, men, and families with children, up to age 24.

River City Mission

rivercitymission.org

Services Provided:

Community & faith based organization in Paducah KY, that provides shelter to the homeless, food to the hungry, and provides opportunities for work and counseling.

Payer Sources:

No fees

Services:

Adults 18+

Contact Information: 1466 Bechtold Rd.

Paducah, KY 42003 Phone: 270-442-7921

Hours of Operation: Shelter operational 24/7

Southern Illinois Coalition for the Homeless

sihomelesscoalition.org

Services Provided:

Provides assistance in obtaining permanent and transitional housing for low income and homeless families and singles including case management services. Services homeless or those at-risk of becoming homeless. Opportunities for housing are open to all sub-populations, including ex-felons and persons living with HIV/AIDS.

Payer Sources:

No fees for assistance. Rent is based on income; no fees up to 30% of income

Services:

Men, women, and families

Contact Information: 1009 W. Cherry St. Marion, IL 62959 Phone: 618-993-0094

Executive Director: Camille Dorris

Hours of Operation: 8AM - 6PM (M-TH)

The Survivor Empowerment Center

empoweringsurvivors.org

Services Provided:

Provides safe shelter, transportation, child care, parental services, employment assistance, economic assistance, education assistance, life skills, transitional housing, referrals, in-person and telehealth counseling, individual and group counseling, substance use services, crisis intervention, community education, advocacy services, and more.

Services:

All adults and adults with children in Franklin, Gallatin, Jackson, Johnson, Perry, Saline, Williamson, and Union Counties.

Payer Sources: No fees

> 24-Hour Hotline: 800-334-2094

Contact Information:

Carbondale Center 610 S. Thompson St. Carbondale, IL 62901 Phone: 618-549-4507 Fax: 618-529-1802

Harrisburg Office 540 N. Commercial St. Harrisburg, IL 62946 Phone: 618-294-8641

Marion Outreach Center 1111 Anker Dr. Marion, IL 62959 Phone: 618-997-0949 618-993-0803

Hours of Operation: Open 24/7



Clothing, Food, & Household Assistance

Local community and faith-based organizations providing outreach services to connect individuals and families to basic needs including food, hygiene products, clothing, and household goods.

Anna First Baptist Church

Services: Union County

Services Provided: Drive-thru food pantry.

Contact Information: 409 Morgan St. Anna, IL 62906 Phone: 618-833-5416 Fax: 618-833-4156

Hours of Operation: 2nd Thursday starting at 11AM until food is gone.

Anna United Methodist Church

Services: Anyone

Services Provided: Soup Kitchen and/or Food Pantry

Contact Information: 111 W. Monroe St. Anna, IL 62906 Phone: 618-833-2234

Hours of Operation: Every 3rd Tues. from

Arrowleaf

Services: Anyone

Services Provided: Client-Choice Food Pantry and Community Closet including clothing and household items as donations allow.

Contact Information: Alexander County Office 1401 Washington Ave. Cairo, IL 62914

<u>Johnson County Office</u> 101 Oliver St. Vienna, IL 62995

Phone: 618-658-3079 Fax: 618-658-2501

Hours of Operation: 8:30AM - 4:30PM (M-F)

Bethany Village

Services: Anyone

Services Provided: Food pantry and thrift shop on site. Offers clothing vouchers. Clothing at reasonable prices.

Contact Information: 414 E. Davie St. Anna, IL 62906 Phone: 618-833-1777 bethanyvillageinc@gmail.com

Hours of Operation: Food Pantry 9AM - 4PM (T-TH) 12PM - 2PM (W)

Thrift Shop 10AM - 5PM (M-F) 9AM - 1PM (SAT)

DCP: The Kitchen Table

Services: Anyone

Services Provided: The Kitchen Table is a soup kitchen that supplements families in need of food.

Contact Information: 1001 Washington Ave. Cairo, IL 62914 Phone: 618-734-0178 618-734-9441

Hours of Operation: 11:30AM - 1PM (T-F)

Daystar Community Program

Services: Southern Seven Counties

Services Provided:
Mobile food pantry, veteran's program, outreach, rental assistance, and help with medical bills. Identification of some kind required for each person in the household.

Contact Information: 909 Washington Ave. Cairo, IL 62914 Phone: 618-734-0178

Hours of Operation: 9:30AM - 1PM (M/T/TH/F)



Clothing, Food, & Household Assistance

DCP: The Kitchen Table

Anyone

Services Provided:

The Kitchen Table is a soup kitchen that supplements families in need of food.

Contact Information:

1001 Washington Ave. Cairo, IL 62914 Phone: 618-734-0178 618-734-9441

Hours of Operation: 11:30AM - 1PM (T-F)

Dongola First Baptist Church

Services: Union County

Services Provided:

Food Pantry: no restrictions, can receive assistance once per month. Call Monday before date of pantry and give name, phone number, and number of people in household. All households may receive food once a month.

Contact Information:

203 E. Cross St. Dongola, IL 62926 Phone: 618-827-4391

Faith Alive

Services:

Southern Seven Counties

Services Provided:

As funds are available, offers thrift store, emergency utility assistance, and emergency food services.

Contact Information:

112 N. 4th St. Vienna, IL 62995 Phone: 618-658-7110 618-658-4501

Hours of Operation:

9AM - 3PM (TH/F) 9AM - 12PM (SAT)

Feed My Lambs Ministry

Services: Massac County

Services Provided:

Food pantry

Contact Information:

818 W. 10th St. Metropolis, IL 62960 Contact: Jim Davis Phone: 618-309-2427 618-309-2562

Hours of Operation:

11AM - 6PM (TH)

First Baptist Church of Karnak

Services:

Pulaski County

Services Provided:

Food pantry

Contact Information:

309 E. Main St. Karnak, IL 62956 Phone: 618-638-4676

Hours of Operation: 1st & 3rd Wednesdays

2PM - 4PM

First Baptist Church of Vienna

Services:

Johnson County

Services Provided:

Drive-thru food pantry. Photo ID, proof of income, and family size needed.

Contact Information:

301 N. 7th St. Vienna, IL 62995 Phone: 618-658-3741

Hours of Operation:

Third Saturday of the Month 9AM - 11AM

Good Samaritan

Services: Anyone

Services Provided:

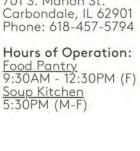
The food pantry provides canned goods and perishables to people in need. Area churches and civic organizations provide food and augment federal commodities. The soup kitchen provides nutritionally balanced meals served three times a day, every day of the year, to residents of the emergency shelter as well as people from the community who are hungry.

Contact Information:

<u>Food Pantry:</u> Kathleen Gallivan University Baptist Church 700 S. Oakland St. Carbondale, IL 62901 Phone: 618-457-0323

<u>Soup Kitchen:</u> Coordinator: Aaron Barnett 701 S. Marion St. Carbondale, IL 62901





Clothing, Food, & Household Assistance

Golden Circle

Services:

Adults starting at 60 years and disabled individuals 18 +

Services Provided:

Offers home delivered meals, legal assistance, in-home services, congregated meals, arranges transportation through RIDES for the senior center, and assists in managing senior health insurance programs.

Contact Information:

129 IL Route 146 E Elizabethtown, IL 62931 Phone: 618-287-5590

217 S. Adams St. Golconda, IL 62938 Phone: 618-683-7741 Fax: 618-683-6402

Hours of Operation: 8AM - 3PM (M-TH) 8AM - 2PM (F) Congretated meals at the center every day at 11:30AM

Goreville Ministerial Alliance

Services:

Goreville Area

Services Provided:

Food pantry and thrift store. Nominal charges with waivers for emergencies

Contact Information:

114 S. Broadway St. Goreville, IL 62939 Phone: 618-995-9360

Hours of Operation:

9AM - 4PM (T/TH) 9AM - 12PM (SAT)

Iesus Es El Senor Methodist Church

Services:

Anyone

Services Provided:

Drive-thru Food Pantry and Clothing. May receive food once per month. Spanish speaking

Contact Information:

7780 Old Highway 51N Cobden, IL 62920 Phone: 618-893-2050 Email: jeescof@live.com

Hours of Operation:

Clothing: 1st Saturday from 9AM - 2PM

Food Pantry: 3rd Saturday

10AM - 12PM

Lighthouse Assembly of God

Services: Massac County

Services Provided:

Drive-thru Food Pantry; must fill out a waiver and form with current address, phone number, and number in household.

Contact Information:

670 Airport Rd. Metropolis, IL 62960 Phone: 618-524-2256

Hours of Operation:

2nd & 4th Tuesday of the Month 6PM - 7:30PM

Potters Church

Services:

Anyone

Services Provided:

Clothing and food pantry. Need to complete a proxy letter (provided at the pantry) in order to pick up for someone else.

Contact Information:

590 N. Mill St. Cave-in-Rock, IL 62919

Phone: 618-289-4869

Hours of Operation:

Last Saturday of the month from 9AM - 11AM. Moved up one week if it lands on a holiday.

Salem Lutheran Church

Services:

Anyone

Services Provided:

Food pantry and free meals

Contact Information:

101 E. Market St. Jonesboro, IL 62952 Phone: 618-833-0704

Hours of Operation:

Food Pantry: 2nd & 3rd Tuesdays 4PM - 5PM

Free Meal:

Last Wednesday 5PM - 6PM





Clothing, Food, & Household Assistance

Salvation Army

Services:

Johnson & Williamson Counties

Services Provided:

Thrift store and curbside food pantry. Need ID and proof of residency. Nominal charges at thrift store. No fees for food pantry.

Contact Information:

906 B Tower Square Marion, IL 62959 Phone: 618-997-9355 (Thrift Store) 618-993-5854 (Food Pantry)

Hours of Operation:

Thrift Store: 9AM - 5PM (M-SAT) Food Pantry: 9AM - 11:30AM (W/F)

Shawnee Development Council

Services: Anyone

Services Provided:

Surplus Food/Commodities Distribution Program; food pantries to help reduce hunger among low-income individuals.

Contact Information:

Hardin County Outreach 147 N. Main St. Elizabethtown, IL 62931 Phone: 618-287-7071

Pope County: Housing Community Center 922 Adams St.

Golconda, IL 62938

<u>Union County Outreach Office</u> (Choate Mental Health Center) 1000 N. Main St. Anna, IL 62906 Phone: 618-833-7431

Hours of Operation:

Hardin County: 9:30AM - 2:30PM (W)

<u>Pope County:</u> 9:30AM - 12:30PM (T)

<u>Union County:</u> 9AM - 11AM & 1PM - 3PM (W)

Southern Pride Senior Program

Services:

Adults age 60 years old and disabled individuals 18+

Services Provided:

Congregated and home delivered meals, health and fitness programs, in-home respite, benefits applications, home visits, home modifications, nutritional education, transportation services, Medicare Part D assistance, family caregiver assistance, grandparents raising grand-children, etc. Suggested donation of \$3 per meal.

Additional services have no fees.

Contact Information:

60 State Route 37N Vienna, II 62995 Phone: 618-658-9669 Fax: 618-658-8203

Hours of Operation: 8AM - 2PM (M-F)

Weaver Creek

Services: Anyone

Services Provided:

Food pantry

Contact Information: 2997 North Ave. Metropolis, IL 62960

Phone: 618-524-4863

Hours of Operation: 2nd Tuesday of the Month 9AM - 3PM



Dental Services

Don Akridge, DDS

Services Provided: Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

35 Old Bloomfield Rd. Vienna, IL 62995 Phone: 618-658-9732

Aspen Dental

aspendental.com

Services Provided: Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

2702 W. Deyoung St. Marion, IL 62959

Phone: 618-993-9092

Hours of Operation:

8AM - 6PM (M-W)

10AM - 7PM (TH)

8AM - 2PM (F)

8AM - 3PM (SAT)

Barnes Family Dentistry

Services Provided:

Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental

insurances Services:

Youth and adults.

Contact Information:

901 N. Carbon St. Marion, IL 62995

Phone: 618-993-3775 Hours of Operation:

8AM - 5PM (M-W)

8AM - 4PM (TH)

Brunk Family Dental Care

Services Provided:

Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental

insurances

Services:

Youth and adults.

Contact Information:

805 Market St.

Unit B

Metropolis, IL 62960

Phone: 618-940-0542

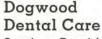
Hours of Operation:

8AM - 5PM (T-TH)

Carterville Dental Center

cartervilledental.com

Services Provided:



Services Provided:

Offers general dentistry and Invisalign

Payer Sources:

Payment plans, discount plans, and most dental

insurances Services:

Youth and adults.

Contact Information:

1111 E. Walnut Street

Carbondale, IL 62901

Phone: 618-529-2471

Hours of Operation:

8AM - 5PM

Dennis Fredrickson, DMD

Services Provided:

Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental

insurances

Services:

Youth and adults.

Contact Information:

1001 E. Main St. Suite 3A, Carbondale, IL 62901

Phone: 618-457-2522

Hours of Operation:

8AM - 4PM (M/W/F) 7AM - 4PM (T/TH)

Hardin County Dental Clinic - CHESI

chesi.org

Services Provided:



Dental Services

Harrisburg Community Health Center - CHESI

chesi.ora

Services Provided: Offers general dentistry Payer Sources:

Medicaid and most insurance plans

Services:

Youth and adults.

Contact Information: 205 N. Main St.

Harrisburg, IL 62946 Phone: 618-253-8450

Fax: 618-253-8454 Hours of Operation:

8AM - 4PM (M-TH) 8AM - 12PM (F)

Hughes Dental Arts Centre

hughesdentalarts.com

Services Provided:

Offers general dentistry

Payer Sources:

Medicaid and most insurance plans

Services:

Youth and adults.

Contact Information:

501 Rushing Dr. Herrin, IL 62948 Phone: 618-993-3100

Hours of Operation:

8AM - 4PM (M/W) 7AM - 4PM (T/TH)

Iammie Stricklin, DDS

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults

Contact Information:

300 Small Street #D Harrisburg, IL 62946 Phone: 618-252-1725

Fax: 618-252-5437 Hours of Operation:

8AM - 5PM (M-TH)

John Shelton, DMD

Services Provided:

Offers general dentistry, root canals, implants, etc.

Payer Sources:

Care Credit, self-pay, and most dental insurances

Services:

Youth and adults

Contact Information:

1015 Market St.

Metropolis, IL 62960

Phone: 618-524-8011

Fax: 618-524-5129

Hours of Operation:

8AM - 5PM (M/W/TH)

8AM - 6PM (T)

Marion Dentures & Dental

Services Provided:

Offers general dentistry and

dentures

Payer Sources:

Most dental insurances and

self-pay

Services:

Youth and adults.

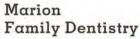
Contact Information:

210 E. Deyoung St. Marion, IL 62959

Phone: 618-993-7505

Fax: 618-993-6756

Hours of Operation: 9AM - 5PM (M-F)



Services Provided:

Youth and adults.

Contact Information:

1504 Sioux Dr.

#5209

Massie Dental

self-pay

Services:

Youth and adults.

Contact Information:

200 N. Giant City Rd.

Carbondale, IL 62902

Phone: 618-529-2711

Hours of Operation:

8AM - 6PM (M/TH) 8AM - 5PM (T/W)

8AM - 4PM (F)

Mowery Family Dentistry

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and

self-pay

Services: Youth and adults.

Contact Information:

310 Lick Creek Rd.

Anna, IL 62906

Phone: 618-833-2411

Hours of Operation:

8AM - 5PM (M-F)



Dental Services

Robin Wetherell, DMD

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances

Services:

Youth and adults.

Contact Information:

805 N. 1st. St. Vienna, IL 62995

Hours of Operation:

8AM - 5PM (M-TH)

Rural Health Inc.

ruralhealthing.com

Services Provided:

Prevention is a primary focus of a dental program that offers a variety of services including general dentistry.

Payer Sources:

Medicaid and most insurance plans, sliding fees

Services:

Youth and adults.

Contact Information:

Anna-Main Site

513 N. Main St. Anna, IL 62906

Phone: 618-833-4475

Fax:618-833-3764

Hours of Operation:

7:30AM - 5PM (M/W/F)

8AM - 5PM (T/TH)

Shawnee Health Service

shawneehealth.com

Services Provided:

Offers a variety of services including general dentistry.

Payer Sources:

Medicaid and most insurance

plans, sliding fees

Services:

Youth and adults. Contact Information:

402 S. Lewis Ln.

Carbondale, IL 62901

6115 Williamson County Pkwy

Marion, IL 62959

Phone: 618-529-9200

Hours of Operation:

7:30AM - 5PM (M/W/F)

8AM - 5PM (T/TH)

SIU Dental Hygiene Clinic

Services Provided:

Students offer general dentistry; exams, cleanings,

x-rays, etc.

Payer Sources:

Fee for service only. Sliding

fee scales

Services:

Youth and adults.

Contact Information:

1365 Douglas Dr.

Carbondale, IL 62901

Phone: 618-453-8826 Fax: 618-453-8827

Hours of Operation:

8AM - 5PM (M-F)

Fall & Spring Semesters

University Place Dental

Services Provided:

Offers general dentistry including implants,

extractions, and root canals Payer Sources:

Care Credit, self-pay, and

most dental insurances

Services:

Youth and adults

Contact Information: 1366 E. Main St.

Carbondale, IL 62901

Phone: 618-440-5814

Fax: 618-549-0182

Hours of Operation:

8AM - 6PM (M) 7AM - 5PM (T/W) 8AM - 5PM (TH)

8AM - 12PM (F)





Vision Services

Brush Optometrist brushoptical.com

Services Provided:

Offers patients of all ages comprehensive eye exams, eyeglass fittings, contact lenses and treatment of eye diseases and conditions including LASIK pre- and post-op surgical care.

Payer Sources:

Medicaid, Medicare, most vision insurance plans, and self-pay options

Services:

Adults, youth, and infants.

Contact Information:

1801 E. 5th St. Metropolis, IL 62960 Phone: 800-851-3601

Hours of Operation:

9AM - 6PM (M/W/F) 10AM - 7PM (T) 9AM - 5PM (TH)

Saturday By Appointment

Complete Family Eyecare

Services Provided:

Offers services in eye resources, contact lenses, lenses and frames, and eye health & disease.

Payer Sources:

Most insurances, Medicaid, self-pay, and payment plans

Services:

Youth, adults, and infants.

Contact Information:

960 S. Commercial St. Harrisburg, IL 62946 Phone: 618-253-7057 Fax: 618-252-1632

Hours of Operation:

8AM - 5PM (M/W/F) 8AM - 6PM (T/TH)

Marion Eye Center

marioneye.com

Services Provided:

A comprehensive practice offering cataract surgery, laser vision correction, eye care, corneal transplant surgery, oculoplastic surgery, & disease care.

Payer Sources:

Medicaid, most vision insurances, & self-pay

Services:

Adults, youth, & infants

Contact Information:

Anna Location 165 Plaza Dr. Anna, IL 62906 Phone: 618-833-8359 Fax: 618-833-8365

Carbondale Location

1001 N. Beadle Dr. Carbondale, IL 62901 Phone: 618-549-2282 Fax: 618-549-6017

Harrisburg Location

5 Eye Center Dr. Harrisburg, IL 62946 Phone: 618-252-5377 Fax: 618-252-3028

Herrin Location

321 S. Park Ave. Herrin, IL 62948 Phone: 618-942-2900 Fax: 618-942-4199

Marion Location

1200 W. Deyoung St. Marion, IL 62959 Phone: 618-993-5686 Fax: 618-997-5505

Vienna Location

1005 W. Vine St. Vienna, IL 62995 Phone: 618-658-2195 Fax: 618-658-3094

Jacob and Crabtree: The Doctors of Optometry

Services Provided:

Specializes in general optometry, ocular disease,

insurances, payment plans (requires half to be paid at start of services)

Contact Information:

Anna Location 316 S. Main St. Anna, IL 62906 Phone: 618-833-3777

Carbondale Location

1001 N. Beadle Dr. Carbondale, IL 62901 Phone: 618-529-4817

Herrin Location

223 N. Park Ave. Herrin, IL 62948 Phone: 618-942-6887

Marion Location

1508 N. Sioux Dr. Marion, IL 62959 Phone: 618-993-8787

Hours of Operation:

8AM - 5PM (M-F) Herrin Location 9AM - 5PM (T-TH)



Vision Services

Moreland Eye Care

morelandeyecare.com

Services Provided:

A full-scope optometric practice offering primary eye care including spectacle and specialty contact lenses and ocular disease management.

Payer Sources:

Medicare, most vision and medical insurances

Services:

Youth, adults, and infants.

Contact Information:

100 Peach Ridge Rd. Anna, IL 62906 Phone: 618-833-9208

Emergency Contact:

618-521-9679

Hours of Operation:

8AM - 7PM (M) 8AM - 5PM (T/TH/F)

Vision Works / Doctors of Optometry

visionworks.com

Services Provided:

Provides glasses, contact lenses, and comprehensive eye exams.

Payer Sources:

Most insurances.

Services:

Youth, adults, and infants.

Contact Information:

3910 Hinkleville Rd Paducah, KY 42001 Phone: 270-443-2090

3042 William St

Cape Girardeau, MO 63701 Phone: 573-339-2008

Hours of Operation:

9AM - 7PM (M-F) 9AM - 4PM (SAT)







Hospitals

Baptist Health

baptisthealth.com

Services Provided:

Offers comprehensive services such as emergency care, laboratory, imaging & diagnostics, rehabilitation, heart care, mother & baby care, women's services, neuroscience and stroke care, respiratory therapy, health information, and risk management.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Carbondale Memorial Hospital

sih.net

Services Provided:

Offers comprehensive services featuring cancer care (treatment and diagnostic), birthing center, heart and vascular, weight loss, neurosciences, rehabilitation, and plastic surgery.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

405 W. Jackson St Carbondale, IL 62901 Phone: 618-549-0721 Fax: 618-529-0449

Hours of Operation:

12PM - 8:30PM (Visiting Hours) Open 24/7

Ferrell Hospital

ferrellhosp.org

Services Provided:

Offers comprehensive services such as breast services, diabetes, digestive/gastro services, emergency care, heart care, imaging/radiology, lab services, pain management, podiatry, rehabilitation services, respiratory/pulmonary services, rheumatology services, urology and wound care.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Contact Information:

1201 Pine St.

Eldorado, IL 62930 Phone: 618-273-3361 Fax: 618-273-2571

Fax: 618-273-2571

Hours of Operation: 8AM - 8PM (Visiting Hours)

Open 24/7

Services:

All ages



Hospitals

Hardin County General Hospital

ilhcgh.org

Services Provided:

Offers comprehensive services such as emergency care, laboratory, radiology, rehabilitation, respiratory therapy, health information, risk management, medical/nursing, dietary, and social services.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information: 6 Ferrell Rd. Rosiclare, IL 62982 Phone: 618-285-6634 Fax: 618-285-3564

Hours of Operation: Visiting Hours vary Open 24/7

Harrisburg Medical Center

harrisburgmc.com

Services Provided:

Accelerated therapy center, home health, laboratory, radiology, respiratory therapy, surgery, cardiology services, in-patient dialysis, pain management, STAT heart program, hospitalist program, cardiac rehabilitation, stroke program, urology, and wound care.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

100 Dr. Warren Tuttle Dr. Harrisburg, IL 62946 Phone: 618-253-7671 Fax: 618-253-0198

Hours of Operation:

8AM - 8PM (Visiting Hours -No Children Under 12) Open 24/7

Heartland Regional Medical Center

heartlandregional.com

Services Provided:

Community healthcare provider and 98-bed facility offering a comprehensive range of health and hospital services to the residents of greater Williamson County including diagnostic, medical, surgical, and emergency services.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information: 13333 W. Deyoung St. Marion, IL 62959

Phone: 618-998-7000

Hours of Operation:

Visiting Hours 8AM - 2PM 4PM - 6PM

8PM - 8:30PM

Open 24/7



Hospitals

Herrin Hospital - SIH

sih.net

Services Provided:

Offers comprehensive services featuring rehabilitation and emergency services such as: Chest Pain Center, cancer care (treatment and diagnostic), birth center, weight loss, neuroscience, and plastic surgery.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

201 S. 14th St. Herrin, IL 62948 Phone: 618-942-2171

Hours of Operation:

12PM - 8:30PM (Visiting Hours) Open 24/7

Massac Memorial Hospital

massachealth.org

Services Provided:

Offers comprehensive services such as outpatient clinic, cardiopulmonary, emergency medicine, inpatient care, laboratory, radiology, cardiac rehab, rehabilitation services, transitional care, sleep disorders, New Beginnings and outpatient surgery.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

28 Chick St.

Metropolis, IL 62960 Phone: 618-524-2176

Hours of Operation: 8AM - 8:30PM

(Visiting Hours)

Open 24/7

Mercy Health - Lourdes Hospital

mercy.com

Services Provided:

Offers an encompassing set of services with featured services in: primary care and family medicine, heart and vascular care, orthopediatrics, sports medicine, spinal care, cancer care, and oncology.

Payer Sources:

Most medical insurances, financial assistance, may accept Medicaid

Services:

All ages

Contact Information: 1530 Lone Oak Rd. Paducah, KY 42003 Phone: 270-444-2444

Hours of Operation: 11AM - 8:30PM

(Visiting Hours)

Open 24/7



Hospitals

Southeast Health Hospital

sehealth.org

Services Provided:

Offers services in brain and spine, cancer, children's services, heart and vascular, orthopedics, rehabilitation services, women's services, and imaging and radiology.

Payer Sources:

Illinois Medicaid for ER visits, Medicare, & most insurances

Services:

All ages

Contact Information:

1701 Lacy St.

Cape Girardeau, MO 63701 Phone: 573-334-4822

Hours of Operation:

11AM - 8:30PM (Visiting Hours)

Open 24/7

St. Francis Medical Center

sfmc.net

Services Provided:

Offers a wide array of comprehensive services such as cancer treatment, heart health, emergency medicine, women and children's services, orthopedic services, etc.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

211 Saint Francis Dr. Cape Girardeau, MO 63703 Phone: 618-524-2176

Hours of Operation:

8AM - 8PM (Visiting Hours)

Open 24/7

Union County Hospital

unioncountyhospital.com

Services Provided:

Services include cardiac care, chest pain center, care clinic and family practice, emergency services, general surgery, infusion services center, medical drug and alcohol detox, pain management, podiatry services, and pulmonary and respiratory health.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

517 N. Main St. Anna, IL 62906

Phone: 618-833-4511

Hours of Operation:

11AM - 8PM (Visiting Hours)

Open 24/7



Primary Care

CHESI Clinic

chesi.org

Services Provided:

Offers a broad range of medical and dental services including general practice, internal medicine, pediatrics, obstetrics-gynecology, well women care, podiatry, radiology, certified high complexity, laboratory, mammography, counseling, nutritional clinical social work/counseling, bone densitometry, respiratory therapy and a Wellness on Wheels van.

Payer Sources:

Medicaid, Medicare, most insurances, self-pay, and sliding fee grant

Services:

All ages

Contact Information:

Cairo Megaclinic 13245 Kessler Rd. Cairo, IL 62914 Phone: 618-734-4400 Hours: 8AM - 6PM (M) 8AM - 5PM (T-F)

Hardin County Medical

IL Route 146 Building 2

Elizabethtown, IL 62931 Phone: 618-287-6191

Hours: 8:30AM - 5PM (T/TH)

Pope County Clinic 217 S. Adams St. Golconda, IL 62938

Phone: 618-683-3781 Hours: 8:30AM - 5PM

(M/W/F)

Pulaski County Clinic 100 Market St. Pulaski, IL 62976 Phone: 618-342-6767

Hours: 9AM - 5PM (W)

Tamms Health Center 290 Railroad St.

Tamms, IL 62988 Phone: 618-747-2391

Hours: 9AM - 5PM (M-TH)

Additional Sites Available

Christopher Rural Health - Eldorado

crhpc.org

Services Provided:

To provide accessible, comprehensive, quality health care to all within the communities we serve.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

1401 US Hwy 45 North Eldorado, IL 62930 Phone: 618-273-2951 Fax: 618-273-2726

Hours of Operation:

7AM - 5PM (M/TH) 7:30AM - 6PM (T) 7:30AM - 5PM (W/F)

Hardin County General Hospital - Clinic

ilhcgh.org

Services Provided:

Offers services in family practice, daycare, sports, school, Department of Transportation employment physicals, therapeutic injections, referrals to specialists, well baby checks, and child and adult immunizations.

Payer Sources:

Medicare, Medicaid, private insurance, sliding fee scale, and discounts available

Contact Information:

6 Ferrell Rd.

Rosiclare, IL 62982 Phone: 618-285-2800 Fax: 618-285-2804

Hours of Operation: 9AM - 5PM (M-F)

Services:

All ages

Massac Memorial Clinic

massachealth.ora

Services Provided:

Provides services to treat minor cuts, minor injuries, infections, rashes, general health, chronic disease management, small wound debridement, and school and sports physicals.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages



Primary Care

Rural Health ruralhealthinc.org

Services Provided:

Services include primary care services, immunizations, well and sick child care, family planning, school and sports physicals, health maintenance, chronic disease management, behavioral health services, pregnancy testing, infant and child development screening, health education, immunizations, and social services.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Shawnee Health Care

shawneehealth.com

Services Provided:

Provides urgent care services to treat minor cuts, minor injuries, infections, and rashes, as well as comprehensive pediatric, adolescent, and adult health management. Services include medication management, counseling, physicals, lab services, women's health and gynecology, and more.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Hours of Operation: 8AM - 4:30PM (M-F)

Contact Information:

Anna Clinic (Main Site) 513 N. Main St.

Anna, IL 62906

Phone: 618-833-4471 Fax: 618-833-6267

Hours: 8:30AM - 5PM (M/W/F)

8:30AM - 8PM (T/TH)

8AM - 2PM (SAT)

Dongola Medical Clinic

318 N. Old Hwy 51 Dongola, IL 62926

Phone: 618-827-3545 Fax: 618-827-4891

Hours: 8:30AM - 5PM (M-W/F) 8:30AM - 8PM (TH)

Goreville Medical Clinic

400 S. Broadway

Goreville, IL 62939 Phone: 618-995-1002

Fax: 618-995-1133

Hours: 8:30AM - 5PM (M/W-F)

8:30AM - 7PM (T)

Metropolis Clinic

Fax: 618-524-7509

Contact Information:

404 S. Lewis Ln. Carbondale, IL 62901

1006 S. Division St. Carterville, IL 62918

3111 Williamson County Pkwy. Marion, IL 62959

Phone: 618-519-9200

Southern Illinois Healthcare - SIH

sih.net

Services Provided:

Offers services in pediatrics, immunizations, well child exams, adolescent care, gynecology and women's health, minor procedures, cryosurgery, radiology services, lab services, school and sports physicals, counseling, psychotherapy, and EKGs.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

Herrin Location 405 Rushing Dr.

Herrin, IL 62948

Phone: 618-993-3300

Hours: 8AM - 4:30PM (M-F)

<u>Anna Location</u>

98 Peach Ridge Rd.

Anna, IL 62906

Phone: 618-614-1400

Hours: 8AM - 4:30PM (M-F)

<u>Harrisburg Location</u> 117 E. Clark St.

Harrisburg, IL 62946 Phone: 618-252-8625 Hours: 8AM - 8PM (M-TH)

8AM - 5PM (F)

8AM - 4PM (SAT)

Carrier Mills Location

7211 US Hwy 45S

Carrier Mills, IL 62917

Phone: 618-252-8625

Hours: 8AM - 8PM (M-TH) 8AM - 5PM (F)

8AM - 4PM (SAT)



Transportation

Independent and public transportation organizations serving the southern seven counties of Illinois

RIDES Mass Transit

ridesmtd.com

Services Provided:

Provides door to door and established route service. The fleet consists of lift equipped and ramped vehicles making the system fully accessible. Serves Hardin, Pope, Saline, and Gallatin along with additional southern and central Illinois counties. All vehicles are wheelchair accessible.

Payer Sources:

Medicaid

In-County OneWay Case Fares: Adults (11+): \$2 Children (6-10), Persons with Disabilities/60+: \$1 Children (0-5): Free

Additional passes available

Services:

All ages. Some minors may need to be accompanied by an adult.

24 Hour Advance Registration Suggested

Contact Information:

Administration 30 Veterans Dr. Harrisburg, IL 62946 Phone: 618-253-8761 Fax: 618-252-2754

Saline County Call Center 1310 Frank Leberman Rd.

Harrisburg, IL 62946 Phone: 618-252-4662 Fax: 618-252-2168

Schedule a Ride:

844-220-1243

Hours of Operation:

6AM - 3PM (M-F) 6AM - 12PM (SAT)

Shawnee Mass Transit

shawneemtd.com

Services Provided:

Offers shuttle service in Anna, Jonesboro, Metropolis, and Vienna. Also offers shuttle routes form Cape to Cairo and from Carbondale to Cairo. Monthly passes available. All vehicles are wheelchair accessible.

Payer Sources:

Medicaid

Monthly Shuttle Pass: \$30

Senior Citizens and/or Veterans: \$20

Inter-City Fare: \$3 In-Town Service Fare: \$1

Services:

All ages. Some minors may need to be accompanied by an adult.

24 Hour Advance Registration Suggested

Contact Information:

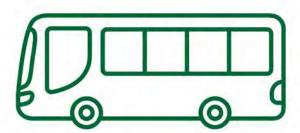
100-102 Smart Dr. Vienna, IL 62995 Phone: 618-658-8380 Toll Free: 866-577-6278 Fax: 618-658-8398

Hours of Operation:

7:30AM - 4PM (M-F)

Dispatch Hours:

6AM - 5PM (M-F) 8AM - 2PM (SAT)



Referral Form

Complete information requested below and select any/all services you may be interested in receiving. Submit completed form by any of the following options:

Once a referral submission has been received, you will receive a response within 48 business hours. If you feel that you need immediate assistance, please contact Arrowleaf at its 24/7 Crisis Hotline at 618-658-2611 or call 911.

Drop off/mail to either location:

Arrowleaf 101 Oliver St. Vienna, IL 62995 Phone: 618-658-3079

Fax: 618-658-2501

Arrowleaf 300 Red Bud Ln. Vienna, IL 62995 Phone: 618-658-3079 Fax: 618-658-2759

Submit electronically via email to: info@myarrowleaf.org

Submit electronically via website submission at: https://myarrowleaf.org/southern-illinois-community-resource-guide

NAME:	DATE OF REFERRAL:	DATE OF REFERRAL:		
PHONE NUMBER:	EMAIL:			
PARENT/GUARDIAN NAM	ME (OPTIONAL):			
PARENT/GUARDIAN PHO	NE NUMBER (OPTIONAL):			
SERVICE REFERRED TO/IN	NTERESTED IN:			